Handout 6.2: Recommended Multimedia Resources

### Sexual health information:

* The Centers for Disease Control and Prevention, an important source for any kind of public health information.
* Reproductive health: <https://www.cdc.gov/reproductivehealth/index.html>
* Lesbian, gay, bisexual, and transgender health: <https://www.cdc.gov/lgbthealth/index.htm>
* Sexually transmitted diseases (STDs): <https://www.cdc.gov/std/>
* Sexual violence: <https://www.cdc.gov/violenceprevention/sexualviolence/>
* Birth control methods: <https://www.cdc.gov/reproductivehealth/contraception/index.htm>
* *Time* magazine article, “What the U.S. Can Learn from the Dutch About Teen Sex.” <http://healthland.time.com/2010/09/09/what-the-u-s-can-learn-from-the-dutch-about-teen-sex/>
* Scarleteen, a website offering youth and young adults information, advice, and support with issues of sexuality, sex, sexual health, and relationships. [https://www.scarleteen.com](https://www.scarleteen.com/)
* Go Ask Alice!, an online health question-and-answer resource produced by a team of Columbia University health promotion specialists, healthcare providers, and other health professionals. [http://www.goaskalice.com](http://www.goaskalice.com/)
* “Sexually Transmitted Infections,” a fact sheet offered by the Office on Women’s Health, U.S. Department of Health and Human Services. <http://www.WomensHealth.gov/publications/our-publications/fact-sheet/sexually-transmitted-infections.html> (PDF at <https://www.womenshealth.gov/files/documents/fact-sheets-stis.pdf>)
* *Our Bodies, Ourselves,* by the Boston Women’s Health Book Collective (New York: Simon and Schuster, 2011)
* *Guide to Getting It On,* by Paul Joannides (Waldport, OR: Goofy Foot Press, 2018)

### Parent support:

* Learn about becoming an “askable parent” on a website that offers resources in Spanish as well as English. <http://www.iwannaknow.org/parent.html>
* The American Sexual Health Association offers advice to parents <http://www.ashasexualhealth.org/parents/>
* “Talking to Your Kids about STDs and Safer Sex,” by Jenelle Marie Pierce, on the website of the STI Project. <https://www.thestiproject.com/talking-to-kids-about-safer-sex-stds/>
* <http://www.ashapublications.org/index.php/product/be-an-askable-parent-2/>
* Flamingo Rampant publishes LGBTQ-inclusive books for children. [https://www.flamingorampant.com](https://www.flamingorampant.com/)
* Sex Positive Families offers a reading list of fun and informative books for all ages. <http://sexpositivefamilies.com/sex-positive-families-reading-list/>

**To share with children and youth:**

* *Sex Is a Funny Word: A Book about Bodies, Feelings, and YOU,* by Cory Silverberg (New York: Seven Stories Press, 2015)
* *The “**What’s Happening to My Body?” Book for Boys* (New York: William Morrow, 2012) and *The* *“What’s Happening to My Body?” Book for Girls* (New York: William Morrow, 2012), both by Lynda Madaras
* “For Teens: How to Make Healthy Decisions about Sex,” a page on a parenting website maintained by the American Academy of Pediatrics. <https://www.healthychildren.org/English/ages-stages/teen/dating-sex/Pages/Making-Healthy-Decisions-About-Sex.aspx>
* *It’s Perfectly Normal,* by Robie Harris (Somerville, MA: Candlewick Press, 2014)
* *Trans+:* *Love, Sex, Romance, and Being You,* by Kathryn Gonzales and Karen Rayne (Washington, DC: Magination Press, 2019)
* *Body Drama,* by Nancy Amanda Redd (New York\: Gotham, 2008)
* *The New Teenage Body Book,* by Kathy McCoy and Charles Wibbelsman (New York: Putnam, 1992)
* *From Boys to Men: All about Adolescence and You,* by Michael Gurian (New York: Price Stern Sloan, 1999)
* *Growing Up: It’s a Girl Thing,* by Mavis Jukes (Paw Prints, 2008)
* *Sex, Puberty and All That Stuff: A Guide to Growing Up,* by Jacqui Bailey (Hauppauge, NY: Barron's, 2016)
* *S.E.X.: The All-You-Need-to-Know* *Progressive Sexuality Guide to Get You Through High School and College* (New York: Da Capo Press, 2009) and *Wait, What? A* *Comic Book Guide to Relationships, Bodies, and Growing Up* (Portland, OR: Limerence Press, 2019), both by Heather Corinna