Handout 2.3: Recommended Multimedia Resources

The Planned Parenthood Federation of America and its local chapters offer wonderful guidance and resources for parents and caregivers at every age and stage of a child’s life. Browse or search here: <https://www.plannedparenthood.org/learn/parents>

### Online resources:

* Resources for Parents, a list of books and websites with information for parents and youth offered by the Planned Parenthood Federation of America. <https://www.plannedparenthood.org/learn/parents/resources-parents>
* Tips for Talking, discussion about how to talk to your children about sex and sexuality offered by the Planned Parenthood Federation of America. <https://www.plannedparenthood.org/learn/parents/tips-talking>
* “Sex Ed: Teens’ Advice for Parents” (12:17), “an interview with teens discussing how parents can communicate better with their children on the topic of sex education,” offered by Planned Parenthood of Montana. <https://www.youtube.com/watch?v=bRM6WzFonjk>
* Parenting Tips: A Tool for Talking about Sex, offered by the Planned Parenthood Federation of America, links to several videos on talking with your teens about sex. <http://www.youtube.com/watch?v=IKyhsARetVs>

### Books:

* *Talk to Me First: Everything You Need to Know to Become Your Kids’ “Go-To” Person about Sex,* by Deborah Roffman (New York: Da Capo Press 2012)
* *Breaking the Hush Factor: Ten Rules for Talking with Teenagers about Sex,* by Karen Rayne (Austin, TX: Impetus Books, 2015)

### Today’s video:

* “The Birds and the Bees” (4:45). <https://www.youtube.com/watch?v=a3MyLt6l5n0>