

# January Publications Update

News, resources, and more!  
inSpirit: The UU Book and Gift Shop

UUA Publications

Skinner House Books

Unitarian Universalist Association

## Welcome New Members in the New Year

Joining a new faith community can be an exciting but also daunting experience. Welcome new members with this thoughtful selection of introductory materials, all hand-selected by the booksellers at inSpirit: The UU Book and Gift Shop. And stock up on other congregational resources to start the new year off right with their full selection of resources [online](#).

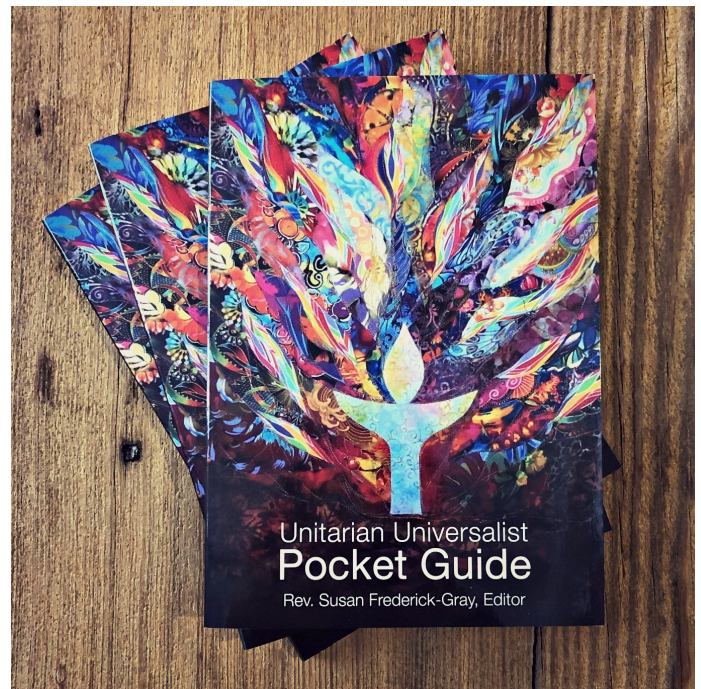
[\*The Unitarian Universalist Pocket Guide, Sixth Edition\*](#)—The most complete introduction to Unitarian Universalism available, covering ministry, worship, religious education, social justice, community, and history. Extensively revised, the sixth edition gives voice to many individual Unitarian Universalists—people of all ages, coming from many backgrounds, and holding many beliefs—as they share their personal and deeply heartfelt testimonies.

[\*UU World Seeker Issue: The Journey Is the Joy\*](#)—UU World's "seeker issue" is designed specifically as an introduction to Unitarian Universalism. The 32-page magazine is an anthology of articles and photographs—a great tool for congregational or individual outreach. Available in packs of 10 or 25.

[\*Sunday and Every Day: My Little Book of Unitarian Universalism\*](#)—This child-friendly introduction puts a sampling of the Unitarian Universalist faith in a child's hands. Includes playful illustrations throughout, plus blank pages at the back for stickers or other uses. For ages 5 and up.

[\*Welcome\*](#)—A perfect gift for any visitor or new member! This primer introduces readers to Unitarian Universalist prayers and readings, including the seven Principles and six Sources.

[\*Welcome to Our Community\*](#)—A friendly and welcoming introduction to Unitarian Universalism for newcomers and anyone interested in basic information. Includes the seven Principles, the six Sources, and a brief description of the historical origins of the faith. A list of resources shows how to learn more. (pamphlet)



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# New from Lifespan Faith Engagement

## *Our Whole Lives: Sexuality Education for Older Adults* and *Sexuality and Our Faith: A Companion to Our Whole Lives Older Adults*

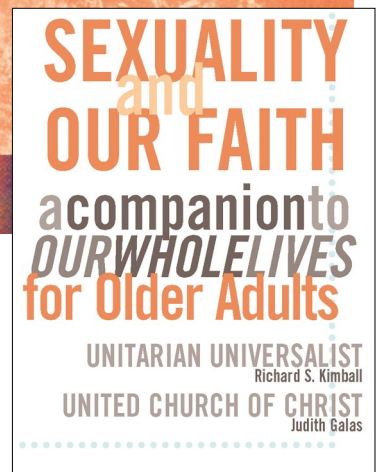
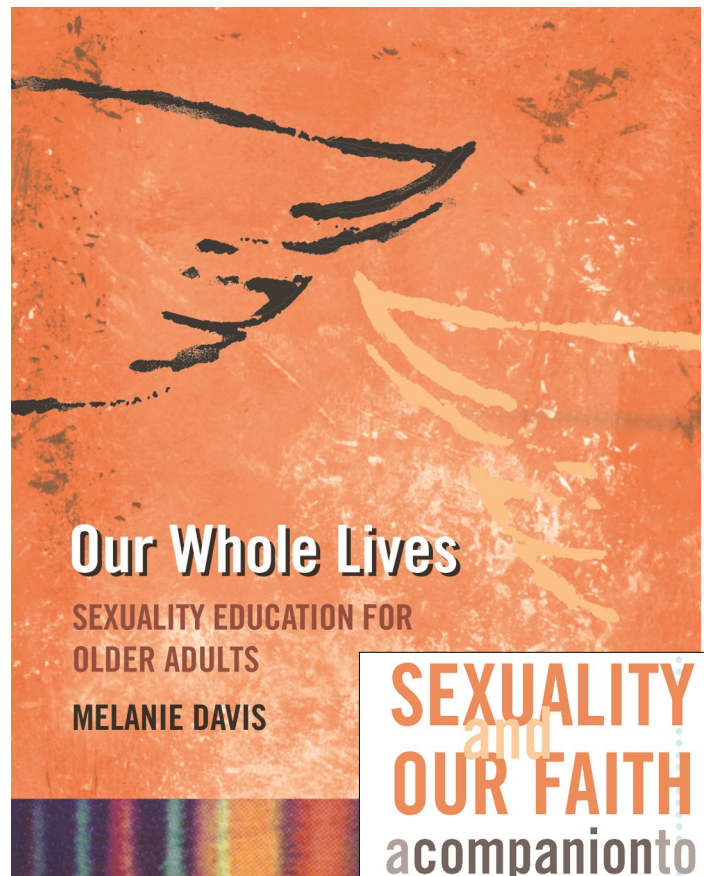
A holistic sexuality education program for older adults that models and fosters caring, compassion, respect, and justice. It balances knowledge-building with exploration of attitudes, values, and feelings about one's own and others' sexuality. This program is comprehensive and progressive, addressing sexuality with candor, sensitivity, and respect for older adults' wisdom and life experience.

*Our Whole Lives, Older Adults* addresses

- Sexuality and Values
- Attitudes about Aging
- Examining Sexual Scripts
- The Sexual Body
- Sexual Orientation and Gender Identity
- Sexual Consent and Boundaries
- Family Matters
- Sexuality and Loss
- Reframing Sexuality, Disability, and Chronic Illness
- Body Image
- Dating as an Older Adult
- Safer Sex
- Sex Play Beyond Basics

Workshops include alternate activities and multi-media resources to accommodate participants' specific needs and interests. The curriculum encourages multigenerational communication with family members or others who play a significant role in the participants' lives.

This curriculum is comprised of fourteen two-hour workshops, four of which can stand alone.



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# Announcements and Resources

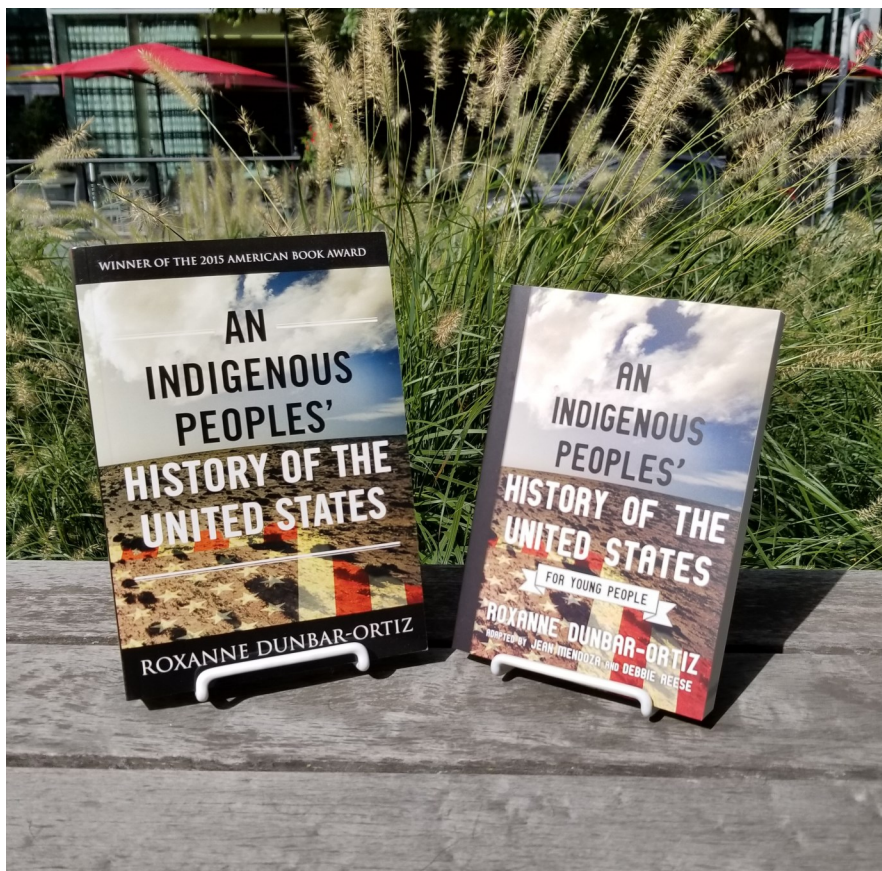
## Discussion Guide for the 2019–2020 Common Read

A Common Read invites participants to read and discuss the same book in a given period of time. It can build community in our congregations and our movement by giving diverse people a shared experience, shared language, and a basis for deep, meaningful conversations. The Common Read Selection Committee has chosen [\*An Indigenous Peoples' History of the United States\*](#) by Roxanne Dunbar-Ortiz and the corresponding edition for youth, [\*An Indigenous Peoples' History of the United States for Young People\*](#), adapted by Jean Mendoza and Debbie Reese, as the new Common Read. Both are published by Beacon Press.

The discussion guide is now [available](#) (in one 90-minute session, or a 3-session series) and it will work for readers of either version. Find out more about the Common Read at [www.uua.org/books/read](http://www.uua.org/books/read).

In 2020, the United States will approach the 400th anniversary of the much-mythologized encounter at Plymouth between colonists and those native to the land, and our own General Assembly 2020, in Providence, RI, will speak to the truths that contradict the mythology.

At the same time, movements in response to global and local environmental emergencies, many involving UUs, are increasingly recognizing the connection between Indigenous rights and climate justice. This Common Read invites UU congregations, communities, and individuals to learn the story of trauma and resilience that is the Indigenous peoples' history of the United States.



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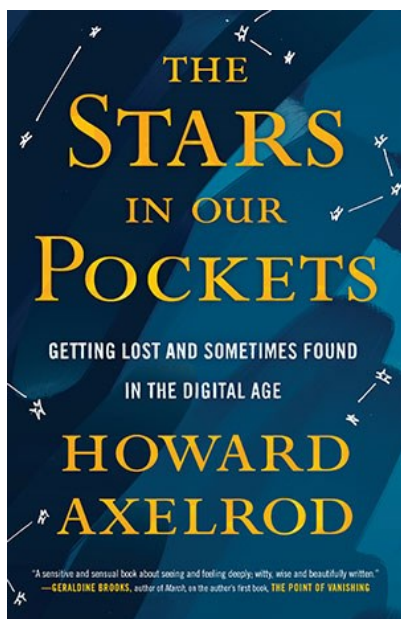
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# Announcements and Resources

## Review of *After the Good News*

"What gives the book its narrative power is the insight we gain into this struggle to escape the shadow of a 'dying Utopia'—the optimism still gripping UU thought—based on the Myth of Progress, of moving 'onward and upward' forever, where humanity, largely through its own efforts, with a smattering of grace, can still build that better world—with enlightened liberals of course providing the moral compass."

We're grateful for this thoughtful review from *Faith and Freedom*, a journal of progressive religion published in the UK, of [\*After the Good News: Progressive Faith Beyond Optimism\*](#) by Nancy McDonald Ladd. We're especially honored to read by reviewer Jim Corrigan that, "Several recent publications from Skinner House Books attest to a revolution taking place in theological thought in the Unitarian Universalist Association." He ends his review writing, "Nevertheless new thinking is desperately needed among Unitarians on this side of the Atlantic. Could this book provide the spark? Well for a start, it needs to be read by British Unitarians—and by religious liberals generally. It certainly deserves to be."



## January's Goodreads [Book Club](#) Pick!

January's read is [\*The Stars in Our Pockets: Getting Lost and Sometimes Found in the Digital Age\*](#) by Howard Axelrod (Beacon Press). What shapes our sense of place, our sense of time, and our memory? How is technology changing the way we make sense of the world and of ourselves? Drawing on his experience of acclimating to a life of solitude in the woods and then to digital life upon his return to the city, Howard Axelrod explores the human brain's impressive but indiscriminate ability to adapt to its surroundings. As we navigate the rapid shifts between the physical and digital realms, what traits are we trading without being aware of it? *The Stars in Our Pockets* is a personal and profound reminder of the world around us and the worlds within us—and how, as alienated as we may sometimes feel, they were made for each other.



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