Core Identity

Core Identity has three components:
- Gender Identity: your deep inner feelings of gender, regardless of anatomy
- Style of behavior: your natural inclinations and expressions
- Sexual orientation: whom you are attracted to

Example:
I am a female (gender identity) who is very competitive (style of behavior) and is a lesbian (sexual orientation).

Models of Sexual Orientation

The Kinsey Scale
People rate themselves on a 6-point scale

The Klein Orientation Grid
People rate themselves on a 7-point scale

The Storms Scale
People rate themselves according to a 4-box grid

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