Theological Reflection: Session 2

Sacred Sexuality
Themes: Love, Stewardship, Integrity

Religious traditions affirm that sexuality is a divinely bestowed blessing for expressing love and generating life, for mutual companionship and pleasure. It is also capable of misuse, leading to exploitation, abuse, and suffering. Sexuality, from a religious point of view, needs to be celebrated with joy, holiness, and integrity, but it also demands understanding, respect, and self-discipline. Our traditions affirm the goodness of creation, our bodies, and our sexuality; we are called to stewardship of these gifts.


- Is your sexuality a divinely bestowed blessing? Why or why not?
- Is human sexuality a unique force, in its power to encompass both love and exploitation? Why are we called to stewardship of something inherently “good”?
- Why is a faithful affirmation of human sexuality a “justice issue?”