Our Whole Lives: Sexuality Education for Grades 10-12 helps high school youth gain the knowledge, life principles and skills they need to express their sexuality in life-enhancing ways. It puts sexuality into the context of values and personal responsibility, helping them manage social pressure and advocate for equality. It provides an opportunity to bring values and integrity to the real-life issues.
Our Whole Lives: Sexuality Education for Grades 10-12

Our Whole Lives (OWL) values:
• Self Worth
• Sexual Health
• Responsibility
• Justice and Inclusivity

OWL models and teaches caring, compassion, respect, and justice. It helps high school-age youth address their attitudes and values, their feelings about themselves and their sexuality, and their attitudes toward others’ sexuality. Participants in grades 10-12 are guided by trained facilitators through an engaging curriculum that addresses topics typically excluded from sexuality education and health classes. This highly adaptable program includes fourteen sessions that include 41 workshops ranging from 25-60 minutes for flexible scheduling.

OWL is a secular curriculum, appropriate in a variety of settings. Sexuality and Our Faith for Grades 10-12 is a religious supplement for use in Unitarian Universalist and United Church of Christ congregations. For more information, contact OWL@UUA.org

Use all or any combination!