The Circles of Sexuality

Sexuality encompasses nearly every aspect of our being, from attitudes and values to feelings and experiences. It is influenced by the individual, family, culture, religion/spirituality, laws, professions, institutions, science and politics.

- **Sensuality** involves our level of awareness, acceptance and enjoyment of your own or others' bodies.
- **Intimacy** is the experience of mutual closeness with another person.
- **Sexual Identity** is how we perceive ourselves as sexual beings.
- **Sexual Health & Reproduction** focuses on attitudes and behaviors related to the sexual and reproductive systems, including health and hygiene, the health consequences of sexual behaviors, and the biology of producing children.

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*Sexualization involves the use of sexuality to influence, control, and/or manipulate others.*

*Intimacy involves the use of sexuality to influence, control, and/or manipulate others.*

*Sexual Health & Reproduction involves the use of sexuality to influence, control, and/or manipulate others.*

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