

HANDOUT 3.2: GENDER UNICORN QUESTIONS

Imagine that the Gender Unicorn represents a younger you, perhaps age 11 or 12. Or, if you are currently raising a child, you might try to remember yourself at the age your child is now.

Consider the following questions:

- Do you think your younger self identified as a cisgender boy or girl, or in another way, such as transgender, gender nonconforming, or genderqueer?
- Did you know these various terms for gender identities as a young person? If so, was that knowledge helpful to you? If not, how might it have been helpful to you?
- What were your gender identity, expression, biological sex, and sexual orientation at the age you are remembering? What parental affirmation or support did your younger self receive? What else might you have needed?
- How easy or difficult is it for you to imagine what it might feel like to be a young person who identifies their gender differently than you identify yours?