

Meaning Makers Mentor Sample Covenant

We agree to uphold the values of Unitarian Universalism throughout our relationship meaning we will treat each other respectfully, compassionately and fairly. We will accept each other and encourage mutual spiritual growth. We will both engage in a genuine search for meaning, taking responsibility for our own truths. With awareness of our interdependence we will keep in mind how our actions affect each other.

Respecting each other means we will not use offensive language or engage in any type of harassment, sexualized behavior, or unwanted contact.

To encourage spiritual growth and meaning making we agree to keep what is shared confidential, and we agree that if we feel concerned for the well being of our mentor or mentee that we will encourage them to seek further support outside our relationship.



UNITARIAN
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ASSOCIATION

Speaking from our own truths, we will talk about our own experiences and not make assumptions about what others believe and feel.

Given that this is a mentoring relationship, the mentor agrees to listen actively, seeking to fully understand the participant before offering commentary and to share appropriately in a way that does not dominate the conversation.

We will do our best to honor this covenant, to remind each other of it, to own the times we have fallen short and to forgive ourselves and one another when that happens.



In addition, the following are agreements related to the logistics of being in a mentorship relationship.

We agree to have a conversation each month that will take place either on the phone, on video chat or in person.

We will attend these meetings on time and prioritize being fully present during our conversations.

We agree to schedule each meeting in advance, either at the end of the previous meeting, by choosing a regular schedule like “the third Thursday of the month or by communicating about it a couple weeks ahead of time.

We will communicate responsively and also with respect to each others’ boundaries. We will make sure that if we must cancel and reschedule a meeting that we do so as soon as can.

The participant prefers to be contacted using _____method.

The mentor prefers to be contacted via _____method.