

Green Sanctuary Survey of Personal Practices

Source: First Parish Bedford – Bedford, Massachusetts

Survey Question		
1. Please check all the following options that apply:	Check if you think this is important	Check if you do this
Use full spectrum LED light bulbs		
Recycle plastic and paper		
Use reusable shopping bags		
Drive a fuel efficient car (35 mpg or better)		
Buy locally made goods		
Insulate and weatherize your home		
Install a programmable thermostat		
Disconnect electronic devices when not in use		
Buy recycled paper for home use		
Purchase fair trade coffee and chocolate		
Install low-flow shower heads and toilets		
Think about your landscape in an ecological way		





Compost kitchen scraps		
Use cloth napkins		
Buy used goods		
Insulate your hot water heater		
Take short showers instead of baths		
Use solar energy		
Collect rainwater for garden use		
Buy locally grown food		
Use the library		
Keep tires properly inflated		
Grow houseplants		
Become a vegetarian		
2. Are you or have you ever been a member of a Community Supported Agriculture (CSA) farm?		
3. Do you grow your own food?		
4. How often do you fly for personal reasons?		
5. How often do you fly for business reasons?		

6. What is your primary means of transportation?		
7. Do you use your local trail system?		
8. Do you take time to appreciate nature?		
9. How often do you spend time outdoors?		



For more information, please visit www.uua.org/greensanctuary