

# Behavioral Health

Today's behavioral health care  
doesn't feel so good...

## LESS PRODUCTIVITY

Mental health conditions are top reasons for absenteeism and lost productivity



## INCREASED COST

Increased 6% per year since 2003



## OVERALL IMPACT

BH issues increase the cost of chronic physical disease by 54%



## LESS ACCESS

Only about half of psychiatrists & psychologists accept insurance



## MENTAL HEALTH STIGMA

Less than half of moderate or severe patients receive outpatient care



Teladoc is **making it better!**



**INTEGRATED SOLUTION WITH TELADOC MEDICAL**

Teladoc Behavioral Health tackles the biggest problems in healthcare: **access, quality and cost**



## ENHANCED ACCESS

- Request an appointment 24/7
- Sessions available between 7am and 9pm in all time zones



## CLINICAL QUALITY

Highest quality care you can trust



## COST SAVINGS

Lower overall healthcare costs



# Teladoc leads the market with the **industry's most comprehensive** Behavioral Health solution

Patients receive convenient, quality care from in-network providers, saving them considerable cost.



## CLINICAL QUALITY

- Fully credentialed network—experienced psychiatrists, psychologists, and Masters level therapists
- Intake assessment before every interaction for consistent and ongoing measurement
- Behavioral Health protocols, guidelines, emergency procedures, and quality assurance followed
- Follow-up after each session via messaging and outbound nurse interactions
- Custom, limited formulary (e.g. antidepressants like Paxil) for use by psychiatrists; no DEA controlled substances



## ENHANCED ACCESS

- Patient ability to select Behavioral Health clinician and see same clinician throughout course of care
- Sessions available by phone or video
- Scheduling support via Teladoc Service Center