

Handout 2, Sexual Orientation Questionnaire

Different-gender attracted				Same-gender attracted		
0	1	2	3	4	5	6

PLEASE READ: Many of the questions refer to the spectrum at the top of this page. All questions refer only to consensual experience. If your self-identity is not reflected in any of these questions, it's FINE to put "n/a" (not applicable), "n/s" (not sure), or to write in a comment.

WHERE WOULD YOU PUT YOURSELF ON THIS SPECTRUM, TAKING INTO ACCOUNT....

- 1) ... your sexual orientation overall? _____
- 2) ... your attractions overall _____; before age 14 _____; in 2010 _____; in the past month _____
- 3) ... your experience, including making out, before age 14 _____; in 2010 _____; in the past month _____
- 4) ... your fantasies before age 14 _____; in 2010 _____; in the past month _____
- 5) ...your romantic/emotional attractions before age 14 _____; in 2010 _____; in the past month _____
- 6) Where do your closest family members think you are on this scale? _____
- 7) Where does your closest friend think you are on the scale? _____
- 8) Where do most of your friends at school think you are on this scale? _____
- 9) What identity word(s)/label(s) do you use to describe your sexual orientation?

This exercise was designed by Robyn Ochs, drawing from the work of Kinsey, Klein, Storms, and everything Robyn has learned over time from her audiences. You may use and adapt this exercise providing you give credit to the author and inform her when you do so. Suggestions/feedback welcome. Version: Youth March 2011. www.robynochs.com