

# Handout 1, Core Identity and Models of Sexual Orientation

## Core Identity<sup>i</sup>

### **Core Identity has three components:**

- Gender Identity: your deep inner feelings of gender, regardless of anatomy
- Style of behavior: your natural inclinations and expressions
- Sexual orientation: whom you are attracted to

### **Example:**

I am a female (gender identity) who is very competitive (style of behavior) and is a lesbian (sexual orientation).

## Models of Sexual Orientation

### **The Kinsey Scale**

People rate themselves on a 6-point scale

### **The Klein Orientation Grid**

People rate themselves on a 7-point scale

### **The Storms Scale**

People rate themselves according to a 4-box grid

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<sup>i</sup> *The Transgender Child: A Handbook for Families and Professionals*, pp. 12-13