

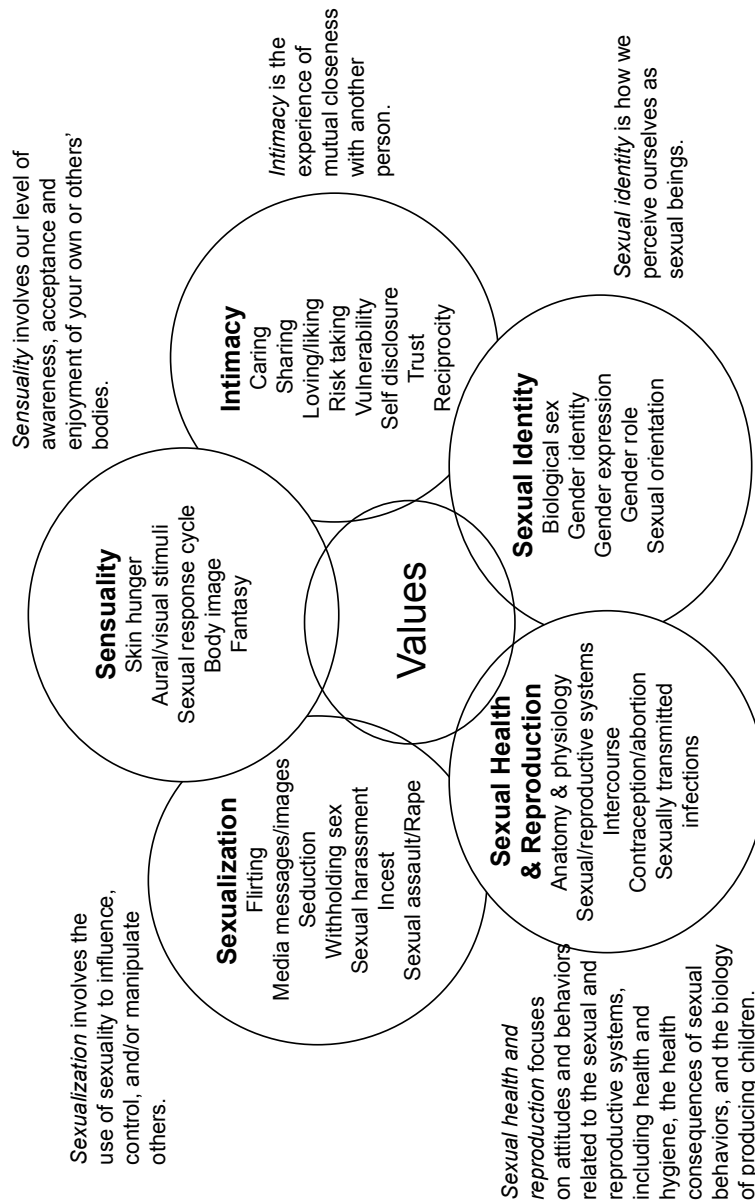
Handout 1

WORKSHOP 1: WHAT IS SEXUALITY?

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The Circles of Sexuality

Sexuality encompasses nearly every aspect of our being, from attitudes and values to feelings and experiences. It is influenced by the individual, family, culture, religion/spirituality, laws, professions, institutions, science and politics.



"Circles of Sexuality," adapted from *Life Planning Education*, 1995, Advocates for Youth, Washington DC advocatesforyouth.org, based on the original work of Dennis M. Dailey, Professor Emeritus, University of Kansas.

—adapted from D. Dailey, "Sexual Expression and Aging," in F. Berghorn & D. Schafer, eds., *The Dynamics of Aging* (Westview Press, 1981).