

**1999 UUA General Assembly**  
**228 Our Whole Lives: Grades 7-9!**  
*Planning Committee Funded*

**Program Outline**

***Our Whole Lives: Sexuality Education for Grades 7-9***

**UNIT ONE GROUP BUILDING AND EXAMINING VALUES**

- Session 1 Introduction to the Program
- Session 2 Examining Values

**UNIT TWO SEXUALITY AND BODY AWARENESS**

- Session 3 Sexual Language
- Session 4 Anatomy and Physiology
- Session 5 Personal Concerns about Puberty

**UNIT THREE GENDER AND DIVERSITY**

- Session 6 Understanding Gender Roles
- Session 7 Disability and Other Diversity Issues

**UNIT FOUR SEXUAL ORIENTATION AND GENDER IDENTITY**

- Session 8 Sexual Orientation
- Session 9 Guest Panel
- Session 10 Gender Identity

**UNIT FIVE RELATIONSHIPS**

- Session 11 Introduction to Relationships
- Session 12 Relationship Skills
- Session 13 Thorny Issues in Friendship
- Session 14 Dating and Lifetime Commitments

**UNIT SIX LOVEMAKING**

- Session 15 Lovemaking Is More Than Sex
- Session 16 Masturbation and Other Sexual Behaviors

**UNIT SEVEN PREPARING FOR PARENTHOOD**

- Session 17 Conception, Pregnancy, and Birth
- Session 18 Teenage Pregnancy

## UNIT EIGHT RESPONSIBLE SEXUAL BEHAVIOR

- Session 19 Defining/Redefining Abstinence
- Session 20 Contraception
- Session 21 Unintended Pregnancy Options
- Session 22 Sexual Decisions

## UNIT NINE SEXUALLY TRANSMITTED DISEASES (STDs)

- Session 23 STD Facts
- Session 24 STD Prevention

## UNIT TEN ABUSE OF SEXUALITY

- Session 25 Recovering from Sexual Abuse
- Session 26 Sexual Harassment and Acquaintance Rape

## UNIT ELEVEN CONCLUSION

- Session 27 Celebration and Closure