

One and One is produced by the UUA Ministries and Faith Development Staff Group. In this simple weekly brief, busy Unitarian Universalist Professionals will find one exciting thing going on at the UUA, and one useful tool.



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One Thing Going On

In Care Summit

Last week, 16 individuals gathered for a **Summit on In Care Programs for UU Seminarians**. Program Coordinators from five districts as well as representatives of the UUMA and UUA staff were present. The goal of the Summit was to look at the current context for UU ministerial formation, share best practices, and create a vision for expanded access to In Care programming for the future.

The Mountain Desert District has the most well established program at this time. Entitled “Living Into Covenant,” the program provides Denver area seminarians with a structured process for discernment, planning, reflection (i.e. praxis) and formation through all stages of ministerial preparation and the fellowshiping process. Using a portfolio model, the program connects students to the realities of UU ministry and equips students with more tools to take into their internships and their ministries.

There are also currently programs in the Metro NY area, at Wesley School of Theology, the Prairie Star District as well, and one in development for Claremont students in Southern California. The dream is that every UU seminarian will have access to In Care support! For more information, please contact [David Pettee](#), Ministerial Credentialing Director.

One Useful Tool

Get to Know Your Youth!

Youth ministry is all about relationships! Ministers often don't know where to start with the youth in their congregation. But the minister sets the tone for building and maintaining a healthy multigenerational culture. Here are the three basic steps recommended by Carey McDonald, Director of Youth and Young Adult Ministries, as a starting point:

- **Learn all of their names.** This is a powerful signal that you care about them as individuals.
- **Hang out with your youth once in a while.** You don't have to solve problems or offer advice; spending time with them speaks for itself.
- **Meet with your graduating seniors** in a one-hour pastoral conversation, perhaps the single most cost-effective thing you can do to help stay connected to your youth as they move through the difficult transition into young adulthood. Let them know you'll always be there! This is also emphasized in the new [Bridging Handbook for Congregations](#).

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