Handout 5.2: Recommended Multimedia Resources

### For more information:

* “How Do I Talk with My Kid about Healthy Relationships?” (2:30), a video for parents of younger children from Planned Parenthood. <https://www.youtube.com/watch?v=7MGvGhacwjo>
* “How to Teach Kids about Love,” part of the Parent Toolkit website, with videos for parents on starting and continuing conversations with youth and young adults about romantic relationships, including gender stereotypes and consent. <https://www.parenttoolkit.com/social-and-emotional-development/video/relationships/how-to-teach-kids-about-relationships>
* “Parents, Teens and the Culture of Sex: The Claims of Parenting,” a half-hour BBC Radio conversation on topics from the book *Not under My Roof: Parents, Teens, and the Culture of Sex,* by University of Massachusetts sociologist Amy Schalet (Chicago: University of Chicago Press, 2011). <http://www.bbc.co.uk/programmes/b017x0vm>
* “The New ABCD’s of Talking about Sex with Teenagers,” a *Huffington Post* article by Amy Schalet. <https://www.huffpost.com/entry/teenagers-sex-talk_b_1072504>
* “For Families: Teens’ Romantic Relationships,” a three-minute video with Richard Weissbourd on how to talk with teens about healthy love relationships. <https://mcc.gse.harvard.edu/resources-for-families/teens-romantic-relationships-video>
* “How the Teen Brain Transforms Adolescent Relationships,” a *Greater Good Magazine* article by Dr. Daniel Siegel (author of *Brainstorm: The Power and Purpose of the Teenage Brain* [New York: Penguin, 2015]), explains how changes to the adolescent brain transform relationships with peers and parents, and what adults can learn from those changes. <https://greatergood.berkeley.edu/article/item/how_the_teen_brain_transforms_relationships>
* *What Every 21st-Century Parent Needs to Know:* *Facing Today’s Challenges with Wisdom and Heart,* by Debra W. Haffner (New York: Newmarket Press, 2008)

### Today’s audio:

* Mahogany L. Browne reading her poem “Inevitable.” <https://poets.org/poem/inevitable>