Handout 3.3: Recommended Multimedia Resources

### For more gender identity information:

* Many readings and resources are available in the LGBTQ Welcome & Equality section of the UUA website (<https://www.uua.org/lgbtq>). In particular, see:
* Queer 101: Identity, Inclusion, and Resources. <https://www.uua.org/lgbtq/identity/queer>
* Basic Definitions: Sexual Orientation and Gender Identity. <https://www.uua.org/lgbtq/identity>
* “10 Ways to Be More Welcoming and Inclusive of Transgender People.” <https://www.uua.org/lgbtq/identity/transgender>
* *The Transgender Child: A Handbook for Families and Professionals,* by Stephanie Brill and Rachel Pepper (San Francisco: Cleis Press, 2008)
* *The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens,* by Stephanie Brill and Lisa Kenney (San Francisco: Cleis Press, 2016)
* “How Science Is Helping Us Understand Gender,” by Robin Marantz Henig, *National Geographic,* January 2017. <https://www.nationalgeographic.com/magazine/2017/01/how-science-helps-us-understand-gender-identity/>
* Gender Spectrum, whose mission is “to help create gender sensitive and inclusive environments for all children and teens,” has a website with a section focusing on parenting and family. <https://www.genderspectrum.org/child-family/parenting>
* Members of TRUUsT, an organization of transgender and nonbinary UU religious professionals, share their stories in the summer 2019 issue of *UU World*. <https://www.uuworld.org/articles/trans-right-here>

### To share with children:

* The Families section of the summer 2016 issue of *UU World* has stores, activities, and conversation starters on the theme “Gender on the Agenda.” <https://www.uua.org/sites/live-new.uua.org/files/2016_summer_families_all4.pdf> (PDF)
* *The* *Gender Identity Workbook for Kids: A Guide to Exploring Who You Are,* by Kelly Storck (Oakland, CA: New Harbinger Publications, 2018)
* “Growing Up Transgender: Malisa’s Story” (4:37), an NBC Nightly News segment, April 23, 2015. <https://www.youtube.com/watch?v=CGPRNbxON8g>
* “My Friend Is Transgender” (4:25), an animated short film from Amaze.org. <https://www.youtube.com/watch?v=9DO7wSU1tCA>

### Today’s video:

Lee Mokobe’s TED Talk, “A Powerful Poem about What It Feels Like to Be Transgender” (4:22). <https://www.ted.com/talks/lee_mokobe_a_powerful_poem_about_what_it_feels_like_to_be_transgender>