## **WEBVTT**

00:00:06.765 --> 00:00:10.025 NEAT Stands for the National Emerging Adult Task Force, and it's a task force that gathers emerging adult and their wisdom, their passion, their efforts towards the development of emerging adult ministries across the United States.

00:00:31.195 --> 00:00:35.035 I am a Latin American woman in their late twenties. I have long brown hair that is also straight. My skin is white and I'm wearing a dark brown cardigan.

00:00:50.705 --> 00:00:54.005
The goal of the National Emerging Adult Task Force is to expand the opportunities of emerging adults for spiritual exploration and growth per those with a shared commitment to love and our UU values.

15 00:01:06.635 --> 00:01:10.055 Together we can act to Unitarian Universalism.

16 00:01:10.155 --> 00:01:11.255 We seek to ensure

17 00:01:11.255 --> 00:01:15.135 that our young leaders are being truly spiritually nourished

18 00:01:15.795 --> 00:01:19.015 and work to build more inclusive communities of love,

19 00:01:19.125 --> 00:01:20.575 respect, and justice.

20 00:01:23.805 --> 00:01:24.985 And how do we do that?

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00:01:25.575 --> 00:01:28.985
Through connecting our emerging adults to other
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00:01:29.785 --> 00:01:30.785
EU emerging adults
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00:01:31.045 --> 00:01:34.905
and young adult centered opportunities that are near 'em
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00:01:34.965 --> 00:01:39.025
or online, offering personal professional support
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00:01:39.045 --> 00:01:40.305
to emerging adults.
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00:01:40.965 --> 00:01:43.425
We so seek to give leaders the tools
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00:01:43.605 --> 00:01:46.705
and support to prevent burnout, which is really important
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00:01:47.565 --> 00:01:49.865
so they can achieve their dreams meaningful.
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00:01:50.945 --> 00:01:54.885
We also provide, um, emerging adult support for
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00:01:55.525 --> 00:01:57.525
spiritual enterprises and initiatives
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00:01:57.525 --> 00:02:00.365
and worship, social justice opportunities
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00:02:00.545 --> 00:02:01.565
and events in general.
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33 00:02:04.975 --> 00:02:08.715 We also partner with congregations, religious professionals,

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00:02:08.815 --> 00:02:11.955
and the broader movement to support emerging adults.
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00:02:12.735 --> 00:02:16.195
We aim to create a movement supporting emerging adult
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00:02:16.515 --> 00:02:18.835
ministry across the Unitarian Universalist.
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00:02:18.835 --> 00:02:19.835
Faith
38
00:02:30.755 --> 00:02:33.085
Neat in its ministries have been ever evolving.
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00:02:33.685 --> 00:02:36.045
Starting in the PWR, we did COVENANTING
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00:02:36.045 --> 00:02:38.525
and research that ended in a general assembly workshop in
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00:02:38.525 --> 00:02:40.725
Spokane in 2018 that defined emerging adults
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00:02:40.745 --> 00:02:42.565
as a select group we were ministering to.
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00:02:43.275 --> 00:02:45.565
Over the years, we've looked at programming
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00:02:45.565 --> 00:02:47.445
and resources for older youu adults
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00:02:47.465 --> 00:02:49.645
to better serve EAs in a playlist we made
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00:02:49.665 --> 00:02:52.165
and sent out, as well as a letter to congregations,
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00:02:52.515 --> 00:02:55.485
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worship in a Box and how to minister to EAs webinar.

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00:02:56.105 --> 00:02:57.565
We have stayed connected as a group
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00:02:57.625 --> 00:02:59.045
and shared resources in many ways,
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00:02:59.085 --> 00:03:02.245
ways including our newsletter, social media database,
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00:03:02.325 --> 00:03:04.205
pastoral care network, drop in spaces,
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00:03:04.845 --> 00:03:05.845
a small group program,
53
00:03:06.115 --> 00:03:07.965
game nights in and other side of the bridge.
00:03:07.965 --> 00:03:09.525
Welcome worship, welcoming new
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00:03:09.525 --> 00:03:11.285
bridgers into young adulthood.
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00:03:12.015 --> 00:03:13.685
We've had a virtual workshop at GA
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00:03:14.025 --> 00:03:17.525
and an EA Hugs Con over Zoom.
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00:03:18.105 --> 00:03:21.525
We had a pre GA event in Portland 2022, where we decided
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00:03:21.525 --> 00:03:25.485
to invite anyone in the age range to join, not just PW EAs.
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00:03:25.865 --> 00:03:29.125
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In May of 2023 at our retreat, we decided to go national

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00:03:29.145 --> 00:03:31.925
and be the resource for emerging adults, not just PWR,
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00:03:32.185 --> 00:03:33.725
but for the UUA as a whole.
63
00:03:39.035 --> 00:03:41.575
The moment we're in is quite critical
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00:03:41.575 --> 00:03:44.255
because well, things still happens.
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00:03:44.835 --> 00:03:48.055
And what is that cliff thing is when people leave
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00:03:48.155 --> 00:03:50.455
and do not come back for whatever reason.
00:03:51.555 --> 00:03:52.575
And that may happen
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00:03:52.575 --> 00:03:54.935
because congregations are not well prepared
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00:03:54.955 --> 00:03:57.095
to support the needs of emerging adults.
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00:03:58.505 --> 00:04:03.485
One very special need is staff people to do the work, people
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00:04:03.585 --> 00:04:05.925
who put the effort and make it happen.
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00:04:06.995 --> 00:04:09.125
There's also spiritual support,
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00:04:09.465 --> 00:04:13.005
transportation needs since emergent adults are often moving
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00:04:13.005 --> 00:04:14.725

## around childcare

75 00:04:15.385 --> 00:04:16.525 and many other changes 76 00:04:16.675 --> 00:04:19.165 that might happen in the state of life. 77 00:04:20.095 --> 00:04:21.955 And because all of that, some people, 78 00:04:22.065 --> 00:04:25.235 some emerging adults might leave and never come back. 79 00:04:30.575 --> 00:04:32.235 Hi, my name is Paige Kup. 80 00:04:32.415 --> 00:04:34.995 I'm a lifelong Unitarian Universalist and emerging adult. 00:04:35.455 --> 00:04:37.075 I'm a member of NEAT Task Force 82 00:04:37.375 --> 00:04:39.195 and currently based in Philadelphia. 83 00:04:40.315 --> 00:04:42.475 I originally contributed to this presentation 84 00:04:42.495 --> 00:04:44.435 and I'm happy to be with you digitally today. 85 00:04:45.095 --> 00:04:47.115 I'm excited to share a little bit more about Needs 86 00:04:47.115 --> 00:04:48.275 three focuses this year. 87 00:04:49.405 --> 00:04:50.955

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First, we have regional support,
88
00:04:51.045 --> 00:04:52.675
which is helping organize clusters
89
00:04:52.675 --> 00:04:55.475
of emerging adults nationally using our emerging
00:04:55.565 --> 00:04:56.635
adult database.
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00:04:57.145 --> 00:04:58.275
It's growing every day
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00:04:58.735 --> 00:05:00.915
and we have support for campus ministries as well.
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00:05:01.655 --> 00:05:04.755
Second, we are working on resources that go directly to
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00:05:05.055 --> 00:05:06.155
to emerging adults.
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00:05:07.055 --> 00:05:10.315
The current one that we're working on is called Stones,
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00:05:10.315 --> 00:05:12.195
which is an acronym for Storytelling
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00:05:12.195 --> 00:05:15.315
through Online Narrative expressions, it's meant
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00:05:15.315 --> 00:05:18.475
to be a successor to becoming a spiritual guide
99
00:05:18.495 --> 00:05:19.675
for navigating adulthood.
100
00:05:20.175 --> 00:05:23.595
The book that most you use receive upon Bridging
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00:05:24.145 --> 00:05:26.435

that book is about to have its 10th birthday

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00:05:26.495 --> 00:05:28.275

and we're hoping to have a more updated version

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00:05:28.625 --> 00:05:29.795

that can be accessible.

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00:05:30.345 --> 00:05:32.275

It's gonna be a platform like Worship Web

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00:05:32.375 --> 00:05:35.195

to support emerging adults staying connected to our faith.

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00:05:36.575 --> 00:05:39.155

And finally, we're working on milestones.

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00:05:40.005 --> 00:05:42.875

We're hoping to build a new ritual for emerging adults

00:05:42.875 --> 00:05:46.235

between bridging and marriage slash child dedication.

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00:05:47.735 --> 00:05:51.155

We were, we found that there was a little bit less direction

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00:05:51.155 --> 00:05:53.835

during this critical time from 18 to 25,

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00:05:54.175 --> 00:05:55.915

and we're hoping to remedy that

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00:05:56.415 --> 00:05:59.995

by collaboratively building a new milestone experience.

113

00:06:00.805 --> 00:06:01.995

Thank you so much for your time

114 00:06:01.995 --> 00:06:03.635 and attention to this critical topic.

115 00:06:04.015 --> 00:06:05.995 We hope to see you at GA and throughout the year.