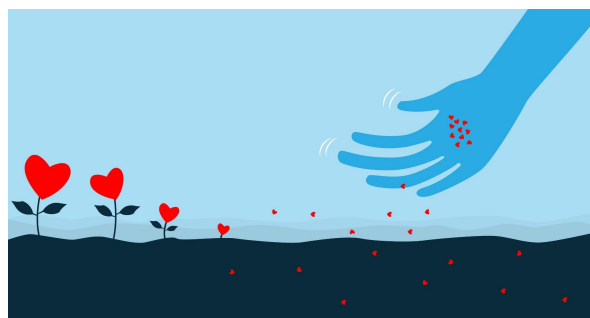


# Seeds for the New Year worship collection

December 2023/January 2024

curated and coordinated by  
Rev. Erika Hewitt, UUA Minister of Worship Arts



THE FOLLOWING DOWNLOADABLE VIDEOS MAY BE USED IN ANY UNITARIAN UNIVERSALIST WORSHIP SERVICE,  
INCLUDING LIVESTREAMED SERVICES. **LENGTH IS INDICATED IN RED.**

## [Sermon](#)

**Rev. Dr. Sofía Betancourt**, President, UUA **17:34**

*Note: Rev. Dr. Sofía's sermon refers specifically to the story below, so you'll find it helpful to use both videos*

## [Time for All Ages](#) ***Bridge of Flowers***

by Leah Lakshmi Piepzna-Samarasinha **6:19**

used with permission from [Flamingo Rampant](#)

## [Reading](#)

**Winter Blessing** by Rev. Dr. Rebecca Parker **1:49**

also available [in written form](#)



## Music Resources

### [Trinity Fanfare](#) **2:25**

- performed by The Chalice Bells, 1st Unitarian Universalist Congregation of Ann Arbor directed by rev. theresa rohlck; edited by Mike Halerz
- composed by Alex Guebert
- license purchased through Handbell Musicians of America

### [Wings of a Dove](#) **3:46**

"If I had the wings of a dove / wings that would take me where I want to go /  
I'd fly from the utmost way out into space / oh no, no, no, no: there is no hiding place"

- performed by bēheld, live from worship at the UU Church of Arlington, VA directed by [Jen Hayman](#)
- traditional spiritual
- vocal arrangement by [Rhiannon](#), used with permission



 [Peace with You](#) 2:01

“Peace with you. Comfort for you. Healing for you. Love with you.”

- written and performed by [Yuri Yamamoto](#)
- *Note: “Peace with You” would work well as a sung benediction. It could be viewed once and then, while led by a congregational singer or choir director, sung multiple times with harmonies.*

 [Freedom Is My Birthright](#) 3:11

“Freedom is \*my birthright. Freedom is my birthright. I was born in freedom. I will grow in freedom. I claim (or: bless) my freedom now.” [bridge: Freedom to love... freedom to live... free to receive... free to forgive.] \*your/you; our/we

- written and performed by [Lea Morris](#)
- *Note: Lea suggests that congregations could listen (and sing along) and then have song leaders lead this as call and response.*

 [Shelter Me](#) 1:36


“Sweet spirit of light and love; sweet spirit of light and love; sweet spirit of light and love, spread your wings and shelter me.”


- written and performed by [Lea Morris](#)
- *Again, congregations could listen and then have song leaders lead a longer version*

---

## Spoken Word Worship Resources


The following videos were provided by members of UUA Congregational Life field staff; please review them and select as many (or as few) as you’d like for use


 [Chalice Lighting/Invocation](#): “Weaving Magic, Love Becoming” by Rev. Byron “Tyler” Coles 2:08

 [Meditation](#): “The Earth Is Holding You ” by Rev. Erica Baron 3:12

 [Meditation](#): “A Seed in the Earth” by Rev. Sana Saeed 6:19

 [Reflection and Prayer](#): “Life Abundant” by Rev. Megan Foley 5:22

 [Prayer](#): “Teach Us to Make Magic” by Rev. Erica Baron 1:21

 [Benediction](#): “Open to the Beauty” by Kathy McGowan 1:12

---

## Continuing the Conversation

We welcome you to engage the following questions, from Rev. Dr. Sofía's sermon, in your coffee hour, small group/covenant group meetings, and other forums for community sharing:

- What are you most proud of from 2023?
- In the last year, in what ways did your congregation or community encourage you to live more fully into all that you hold most precious?
- In what ways did they surprise you?
- In what ways did you surprise yourself?
- What beauty are you calling into being for 2024?
- How are your congregation and your communities leaning into all that is most needed in the coming year?
- How are you helping to keep those bridges well-tended?

## Additional Thanks

- UUA staff members Brent Lewis, Chris Northcross, and Ted Resnikoff
- Revs. John Crestwell and Anastasia Zimke, and the UU Church of Annapolis, MD
- Flamingo Rampant Publishing
- Margie T. Farmer and Rhiannon

Contributions from [member congregations](#) and [individual donors](#) make the missional work of the UUA possible.

If you have questions about this worship service, please [contact WorshipWeb](#).