



As a Highmark member, your tiny card gets you lots of perks.

Well360 Connect

Well360 Connect helps you minimize your out-of-pocket health care costs and provides support to help you live a healthy lifestyle.

Health coaches

Looking to lose weight? Quit smoking? Be more active? A wellness coach can create a personalized plan for your schedule, right over the phone. Sessions are free and totally confidential.

Member website

Your digital ID card, Find a Doc tool, deductible progress, and claims status are all available online at highmarkbcbs.com.

Blue365[®]

From workout gear to personal wellness to healthy meal services, Blue365 gives you member-only deals.

Highmark Plan app

Get instant access to your digital member ID card, care-finding tools, and claims updates right on your mobile device. To start, just download the Highmark Plan app from the App Store or Google Play and set up your profile.

Mobile and email messaging

You have the option of receiving certain communications by text or email. You may sign up by logging on to your health plan's website and entering your contact information and communication preferences.

Teladoc[®]

Teladoc offers access to doctors, therapists, and specialists who can help you with a variety of medical questions. No matter what you're facing, they're available from wherever you are by phone, video, or app.

Sharecare[®]

With Sharecare, find out your RealAge[®], track your health habits, and monitor sleep, stress, and fitness — in real time.

Thanks for being a Highmark member.

Update your contact info at highmarkbcbs.com to make sure you stay informed about these great programs or contact your Connect Team at **1-800-796-6502**.



Questions? Visit highmarkbcbs.com.

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