



OWL can help you educate your child about sexuality.

Our Whole Lives: Sexuality Education for Grades K-1, 2nd ed. can help you educate your child about bodies, gender, boundaries, families, conception, birth, and babies. You will be actively involved as your child learns through songs, stories, activities and at-home projects that promote family dialogue.

Our Whole Lives: Sexuality Education for Grades K-1, 2nd ed.

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Our Whole Lives (OWL) values:

- Respect
- Relationship
- Responsibility

The eight, hour-long workshops in *Our Whole Lives: Sexuality Education for Grades K-1, 2nd ed.* help children ages five through seven begin the lifelong process of acquiring information and forming attitudes and values about identity, relationships, safety, and health.

This new edition offers expansive ways of addressing gender identity and roles, sexual orientation, race, and ability. New activities, songs, and movement breaks keep young children interested and energized.

Children learn that babies begin with an egg, sperm, uterus, and someone to care for them, with several options for how those combinations may occur. Parents receive support for sharing their own family's conception story at home.

New illustrations and book recommendations feature children and families of diverse races, cultures, and orientations. Updated HomeLinks offer a workshop summary, at-home conversation starters and activities.

OWL is a secular curriculum, appropriate for many settings.

Sexuality and Our Faith: Grades K-1 is a religious supplement for use in Unitarian Universalist and United Church of Christ congregations.

For more information, contact your Religious Educator, OWL@UUA.org or OWL@UCC.org

Program Information Meeting
Parent/Caregiver and Child Orientation

Workshops

1. Our Wonderful Bodies
2. Bodies and Gender
3. Body Boundaries
4. Families
5. How Babies Begin
6. Pregnancy and Birth
7. Babies
8. Celebration

