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Love in Action! Dinner Church

# Order of Service

* **Gathering**
	+ **Music** - “Room at the Table” by Carrie Newcomer
* **Inviting**
	+ **Welcome** - [Article II Study Commission](https://www.uua.org/uuagovernance/committees/article-ii-study-commission) and [Nourish UU](https://www.nourishuu.org/)
	+ **Chalice Lighting**
	+ **Icebreaker**
		- *Prompt: Share your name and the food/drink you are having, real or imaginary. Then choose the next person.*
	+ **Mindful Bite/Grounding Moment**
	+ **Music** - “Love Reaches Out” by The Artists of [The Sanctuaries DC](https://www.thesanctuaries.org/) [Created by four talented artists: Erin (Vocals), James (Vocals), Megan (Guitar/Vocals), Osa (Rap)]
* **Reflecting**
	+ **Peak Moments of Unitarian Universalism**
		- **Journaling and Art**
			* *Prompt: Journal or make art about a peak experience of Unitarian Universalism, real or imagined. What is it like for UUism to live into who we are and can be?*
			* **Music** - “Sarabande” by Edvard Grieg, performed by Ruben Piirainen, Music Director, Unitarian Universalist Church West (Brookfield, WI)
		- **Distilling Values**
			* *Examples of Core Values can be found below*
			* *Prompt: What do we notice are the values that came up repeatedly? What are the values that are more unique and important?*
* **Closing**
	+ **Sharing to Article 2 Study Commission** -You are invited to capture the stories, values, and art you created and share it with the Article II Study Commission via this form: <https://bit.ly/ShareLoveInAction>
	+ **Sharing Takeaways**
	+ **Music** - “The Tide is Rising” by [Rabbi Shoshana Meira Friedman and Yotam Schachter](https://www.rabbishoshana.com/the-tide-is-rising) vocals by Debra Hammond, arranged and produced by Tad Koriath
	+ **Extinguishing the Chalice**

# Examples of Core Values

| Abundance | Creation | Honoring | Relationship |
| --- | --- | --- | --- |
| Accountability | Desire | Honoring Elders | Resilience |
| Adventure | Dignity | Humility | Respect |
| Advocacy | Discovery | Identity Formation | Restorative |
| Affirmation | Dismantling oppression | Impact | Restorative Justice |
| Awareness | Disruptive | Inclusive | Risk |
| Balance | Diversity | Integrity | Sacred |
| Beautiful Struggle | Education | Intention | Safety |
| Beauty | Embodiment | Intergenerational | Service |
| Belonging | Empathy | Intersectional analysis | Sharing |
| Beloved Community | Enjoyment | Justice | Solidarity |
| Bonded Together | Excellence | Kindness | Spiritual |
| Build | Expansiveness | Leadership | Struggle |
| Collective | Faith | Learning | Sustainability |
| Collective Liberation | Family | Liberation | Transformation |
| Collective Value | Family Friendly | Life-changing | Transparency |
| Combat Oppression | Feeling | Love | Trust |
| Comfort | Flourishing | Loving Engagement | Unapologetic |
| Commitment | Foster Healing | Loyalty | Uncomfortable |
| Communal Care | Freedom | Nurture | Unconditional |
| Community Engagement | Gifts | Passion | Unending |
| Compassion | Globalism | Political | Vigorous |
| Connection | Gratitude | Quest | Village of care |
| Consciousness of history | Guiding | Reclaim | Villaging |
| Courage | Healing | Relational | Winning |