

March Publications Update

News, resources, and more!

inSpirit: The UU Book and Gift Shop

UUA Publications

Skinner House Books

Unitarian Universalist Association

[Desmond Gets Free](#)

“If you are neutral in situations of injustice, you have chosen the side of the oppressor. If an elephant has its foot on the tail of a mouse and you say that you are neutral, the mouse will not appreciate your neutrality.”

—Archbishop Desmond Tutu

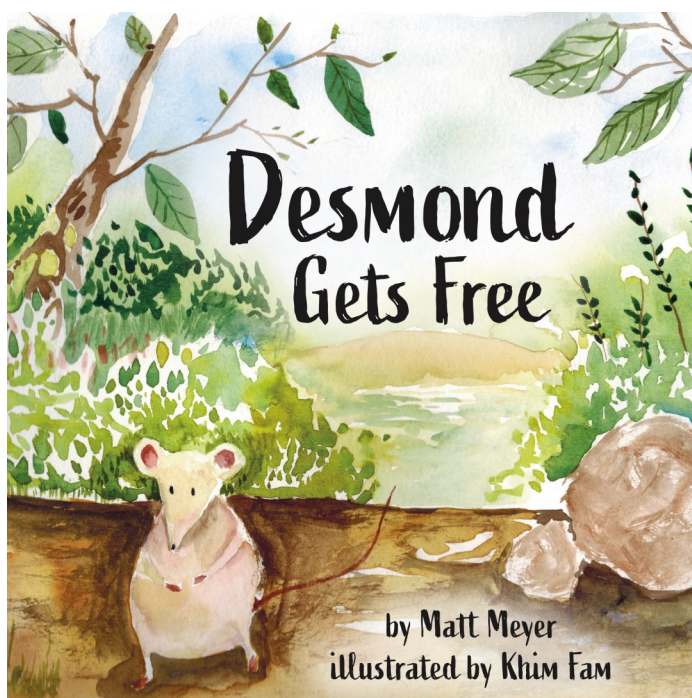
Every morning Desmond the mouse wakes with the sunrise and spends the day playing in the beautiful meadow where he lives. And every night he goes to sleep under the starry sky. That is until one night he wakes up and finds an elephant asleep on his tail! Desmond asks for help from every kind of animal passing by but no one wants to disturb the sleeping giant. How will Desmond get free?

With Matt Meyer’s thoughtful story and lush watercolor illustrations by artist Khim Fam, *Desmond Gets Free* introduces young readers to timely and nuanced concepts of justice and liberation in a kid-friendly and accessible way. Ages 4–8.

Matt Meyer has a degree in hand drumming from Berklee College of Music and has studied abroad in Cuba, Ghana, and Central America. He’s worked on campaigns to preserve old growth forests, support farmworkers rights, and stop the construction of fossil fuel pipelines, and is always looking for ways to dismantle systems of oppression and support communities grounded in justice.

Khim Fam is a self-taught illustrator who caught the painting bug as a child watching his uncle paint vibrant canvases in the studio. He loves taking long walks in the woods and is inspired by the colors and shapes of our natural landscape. Khim hopes to create magical worlds through painting that allow us to better connect ourselves with the world around us.

Now available
to [pre-order!](#)



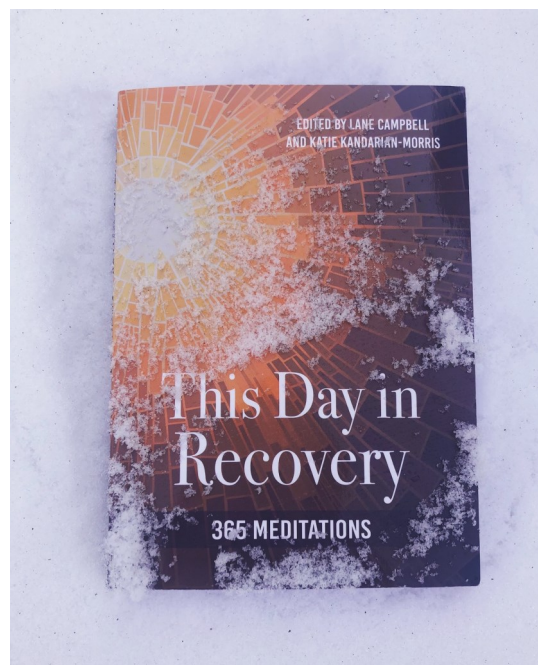
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Announcements and Resources

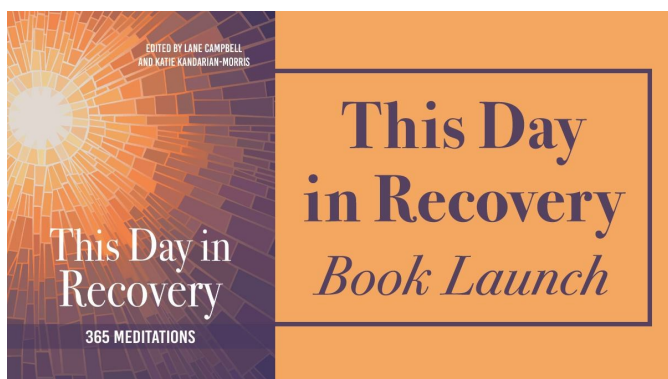
Editors of *This Day in Recovery* on the VUU

Lane Campbell and Katie Kandarian-Morris, editors of [*This Day in Recovery: 365 Meditations*](#) will be guests on the VUU on Thursday, March 4th at 12PM ET. You can catch the conversation on [YouTube](#). Our immense thanks to the Church of the Larger Fellowship for featuring this important new resource! In *This Day in Recovery*, Lane Campbell and Katie Kandarian-Morris and contributors—each of them speaking from direct personal experience with addiction and recovery—have collected daily quotes, reflections, and questions for readers on their spiritual journey of recovery, with each month focusing on one of the 12 steps. Inclusive and accessible, *This Day in Recovery* is a thoughtful and powerful spiritual tool in the toolkit for those in recovery and their families.



This Day in Recovery Book Launch

Join editors Lane Campbell and Katie Kandarian-Morris and their congregations for a virtual launch to celebrate their new book, *This Day in Recovery: 365 Meditations*. The event is Saturday, March 20th at 1:00PM ET. This book seeks to be a resource for Unitarian Universalists and spiritual seekers whose lives have been touched by addiction. The editors will share some of the stories of how this book came about, read some excerpts from the book, and have some time for questions. For folks in Rochester, NY, and in Durango, CO, there will be opportunities on Sunday, March 21st to order and pick up signed copies of the book. Instructions to attend are available in the Facebook [event](#).



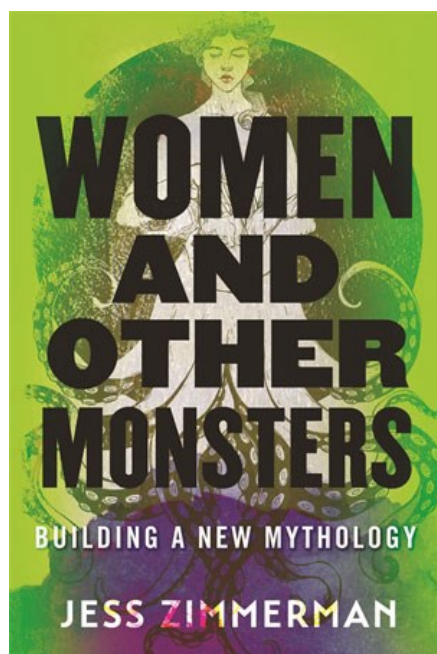
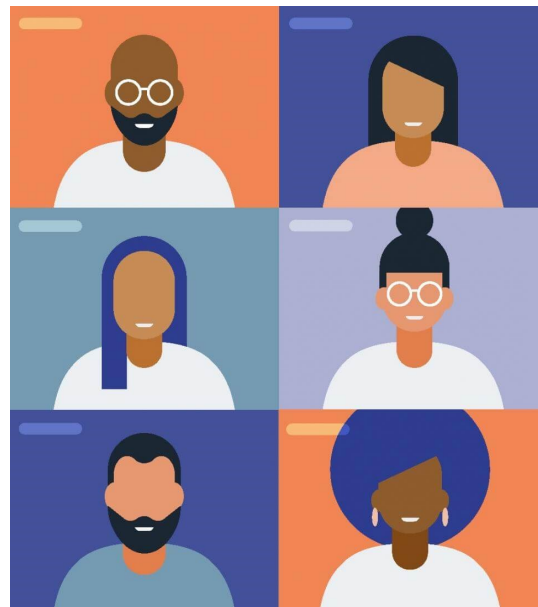
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2020–2021 Common Read Discussion Materials Available

A Common Read invites participants to read and discuss the same book in a given period of time. The UUA Common Read can build community in our congregations and our movement by giving diverse people a shared experience, shared language, and a basis for deep, meaningful conversations. The 2020–2021 UUA Common Read is [Breathe: A Letter to My Sons](#) by Imani Perry, published by Beacon Press. Discussion materials for this Common Read offer [two plans](#): one for use by a BIPOC (Black, Indigenous, and People of Color) UU group, the other for any congregational group. Both plans invite groups to choose a one- or three-session program. With online gathering now a norm, readers need not live near one another to form a group.



March's Goodreads [Book Club](#) Pick

March's group read is [Women and Other Monsters: Building a New Mythology](#) by Jess Zimmerman (Beacon Press). The folklore that has shaped our dominant culture teems with frightening female creatures. In our stories, we underline the idea that women who step out of bounds—who are angry or greedy or ambitious, who are overtly sexual or not sexy enough—aren't just outside the norm. They're unnatural. Monstrous. But maybe the traits we've been told make us dangerous and undesirable are actually our greatest strengths. Through fresh analysis of eleven female monsters, Jess Zimmerman takes us on an illuminating feminist journey through mythology. She guides women (and others) to reexamine their relationships with traits like anger and ambition, teaching readers to embrace a new image of the female hero: one that looks a lot like a monster, with the agency and power to match.



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CALL FOR SUBMISSIONS

Skinner House Books invites members of UU communities to submit proposals for the Spring 2022 inSpirit title. Meditations can be prose or poetry, humorous and personal or formal and liturgical.

FOR MORE INFORMATION VISIT

<http://bit.ly/3bOmcrY>

DEADLINE FOR SUBMISSIONS

April 1, 2021



SKINNER
HOUSE
BOOKS



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