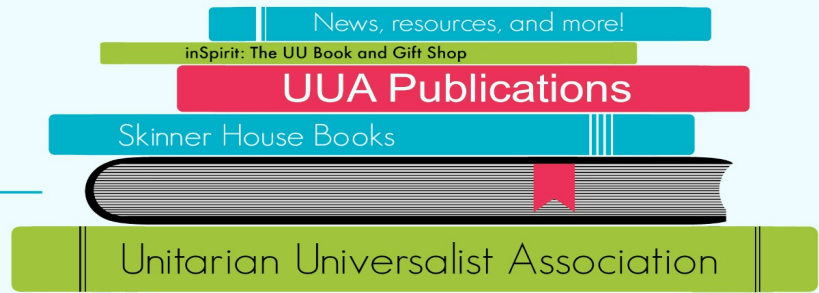


December Publications Update



[This Day in Recovery: 365 Meditations](#)

One of the often-repeated mantras of 12-step and recovery programs is “one day at a time.” *This Day in Recovery: 365 Meditations* offers a short, daily experience to help bring readers back to their spiritual center in the daily moments of struggle and questioning. Editors Rev. Lane Campbell and Rev. Katie Kandarian-Morris and contributors—each of them speaking from direct personal experience with addiction and recovery—have collected daily quotes, reflections, and questions for readers on their spiritual journey of recovery, with each month focusing on one of the 12 steps. Inclusive and accessible, *This Day in Recovery* is a thoughtful and powerful spiritual tool in the toolkit for those in recovery and their families.

Now available
to [pre-order!](#)

Rev. Lane Campbell serves as minister at the First Universalist Church of Rochester, New York, in the heart of Rochester’s downtown. Lane has been in recovery for the last eight years.

Rev. Katie Kandarian-Morris has been a minister for twenty-two years and currently serves a vibrant congregation in Durango, Colorado. She’s been active in addiction recovery work for nearly two decades.

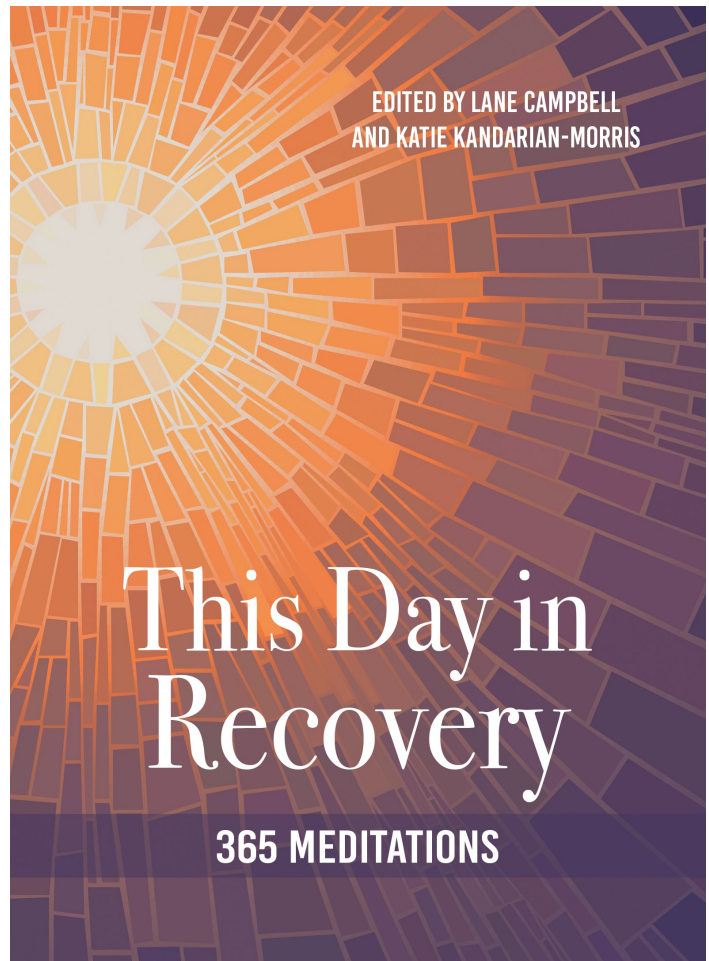
We also recommend:

[Twelve-Step Unitarian Universalists: Essays on Recovery](#), edited by Ken And Cathlean

[The Addiction Ministry Handbook: A Guide for Faith Communities](#) by Rev. Denis Meacham

[Held: Showing Up for Each Other's Mental Health](#)
by Rev. Barbara F. Meyers

[Stubborn Grace: Faith, Mental Illness, and Demanding a Blessing](#) by Rev. Kate Landis



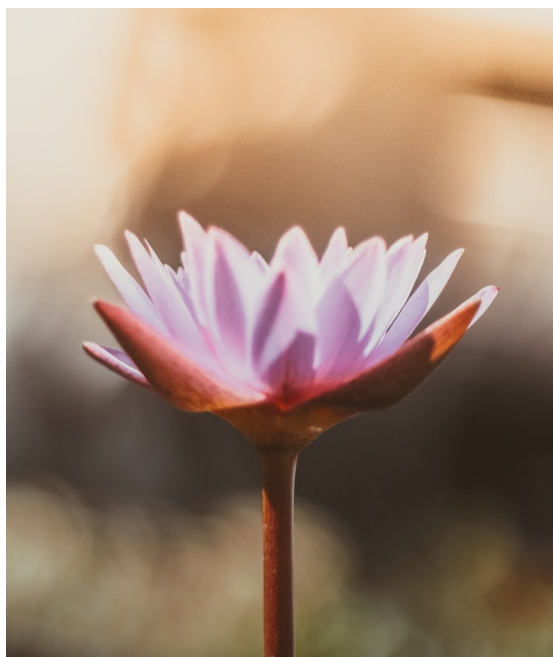
News, resources, and more
from UUA Publications

For more information visit uua.org/publications.
All products are available at inSpirit: The UU
Book and Gift Shop at uua.org/bookstore

Announcements and Resources

Shop the inSpirit Holiday Guide

Make the holiday season a little easier this year with the inSpirit [holiday guide](#)! The booksellers at inSpirit have highlighted some of their favorite gift ideas in the guide and they hope these small joys bring some comfort and delight in these challenging times. Free standard shipping on orders of \$50 or more within the U.S. is available now through December 13th. Looking for a comforting and inspiring read from the holiday guide? Check out [Conversations with the Sacred: A Collection of Prayers](#), edited by Rev. Manish Mishra-Marzetti and Rev. Jennifer Kelleher, and the two newest books in the inSpirit Series, [Breaking and Blessing](#) by Rev. Sean Parker Dennison and [Spilling the Light: Meditations on Hope and Resilience](#) by Rev. Theresa I. Soto.



The POTUS and the Lotus: The Interfaith Family of Kamala Harris

"With Kamala Harris as our new Vice President-elect, interfaith families reach a new level of prominence in America . . . she will be the first interfaith kid and the first person in an interfaith marriage. Harris epitomizes Generation Interfaith: she represents a religious trifecta with a Christian parent, a Hindu parent, and a Jewish husband."

New for the [Beacon Broadside](#), interfaith family expert Susan Katz Miller writes about Kamala Harris making history as an interfaith person. Susan Katz Miller is the author of [Being Both: Embracing Two Religions in One Interfaith Family](#), published by Beacon Press and [The Interfaith Family Journal](#), published by Skinner House.



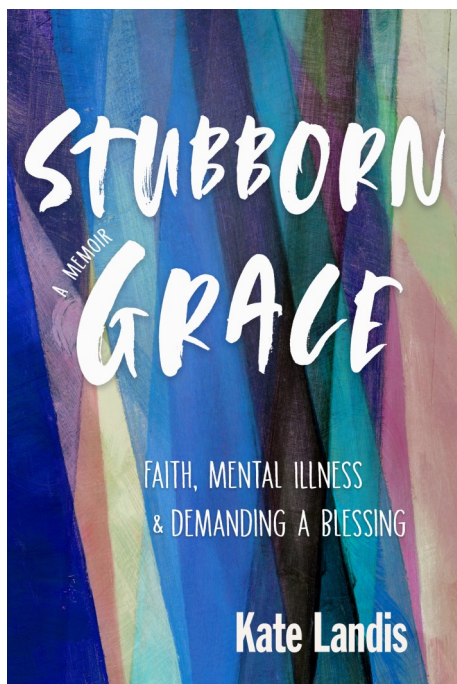
News, resources, and more
from UUA Publications

For more information visit uua.org/publications.
All products are available at inSpirit: The UU
Book and Gift Shop at uua.org/bookstore

Announcements and Resources

Workshop availability for Susan Katz Miller

Got religiously complex families in your congregation? UU and Jewish? UU and Buddhist and atheist? Susan Katz Miller is the author of [The Interfaith Family Journal](#) and [Being Both: Embracing Two Religions in One Interfaith Family](#). She gave the Sophia Fahs keynote at the 2015 General Assembly and has appeared on *The Today Show*, CBS, PBS, and NPR. Miller gives guest sermons, workshops, and talks, and hosts story slams. She's available virtually to UU congregations, to facilitate on topics including "#GenInterfaith: Now It's All of Us," "Finding Your Path: Ways of Being an Interfaith Family," and "Interfaith Story Slam: Speaking Out on Complexity and Fluidity." To arrange to bring Miller to your community for a virtual event, contact info@susankatzmiller.com.



December's Goodreads [Book Club Pick](#)

December's group read is [Stubborn Grace: Faith, Mental Illness, and Demanding a Blessing](#) by Rev. Kate Landis. Rev. Landis grew up in the American Baptist Church—the child of a music director and a deacon—until she left the church in her late teens after surviving major depression and a handful of suicide attempts. She became an activist, feminist, punk, and self-described rabble rouser. And through activism she found a spiritual community with justice at its core and a faith that could hold it all—her mental illness, her fire, her spunk, and all of her questions—a loving, stubborn grace. With humor and unflinching honesty in the vein of Cheryl Strayed and David Sedaris but a raw tenderness all her own, Rev. Landis chronicles the hardest parts of her young adulthood as well as her poignant journey to faith and community.



News, resources, and more
from UUA Publications

For more information visit uua.org/publications.
All products are available at inSpirit: The UU
Book and Gift Shop at uua.org/bookstore