



***Our Whole Lives Sexuality Education
for Grades 4-6, 2nd ed.
and
Sexuality and Our Faith (Grades 4-6), 2nd ed.***

A Webinar for OWL Facilitators



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Presenters

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UCC OWL Program Coordinator and OWL Trainer

Co-author, *Our Whole Lives for Grades 4-6, 2nd, Ed.*



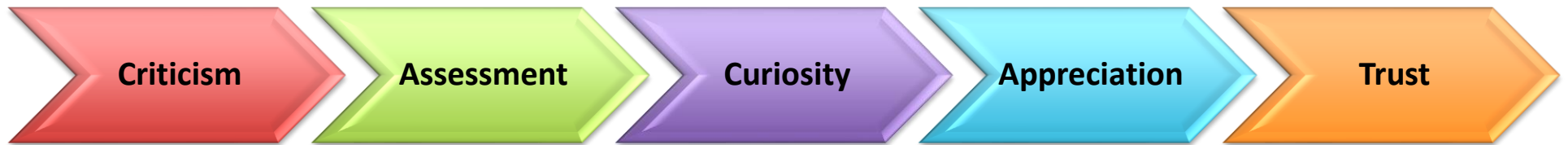
Webinar Agenda

1. Overview of the New Edition of OWL for Grades 4-6
 - New Topics
 - New Approaches to Familiar Topics
2. Sexuality and Our Faith Grades 4-6, 2nd Ed.
3. Parent Orientation
4. Best Practices for Implementation
5. Q & A



*Encourage creativity, with all the courage
it demands... respond to new ideas
and invitations with curiosity.*

– Erika Hewitt





Kirsten deFur and Amy Johnson, authors of Our Whole Lives for Grades 4-6, 2nd Ed.

2nd Edition Contributors

Melanie Davis, MEd, PhD, CSE, OWL Program Associate and

Jessica York, Developmental Editors

First edition authors: Elizabeth M. Casparian, PhD, and Eva S. Goldfarb,
PhD



What's the same...

- Still developmentally appropriate and in line with SIECUS guidelines
- Still meets or exceeds the National Sexuality Education Standards for children ages 9-12
- Still uses It's Perfectly Normal as companion text
- Still has Homelinks with each workshop
- Still is comprehensive and inclusive
- Still views parents/caregivers as primary sexuality educators



General shifts

- Language around gender updated
- Gender-neutral names used in most scenarios
- Discussion questions included to help participants recognize gender assumptions
- Focus on media
- Word bank
- Circles of Sexuality now a part of OWL for Grades 4-6



- 1st Ed

- Parent Meeting
- Parent/Child Orientation
- Session 1: Values and Sexuality
- Session 2: Families and Relationships
- Session 3: Puberty: Physical and Emotional Changes
- Session 4: Gender Identity and Sexual Orientation
- Session 5: Lovemaking and Reproduction
- Session 6: Health and Safety
- Session 7: Communication
- Session 8: Decision Making

- 2nd Ed

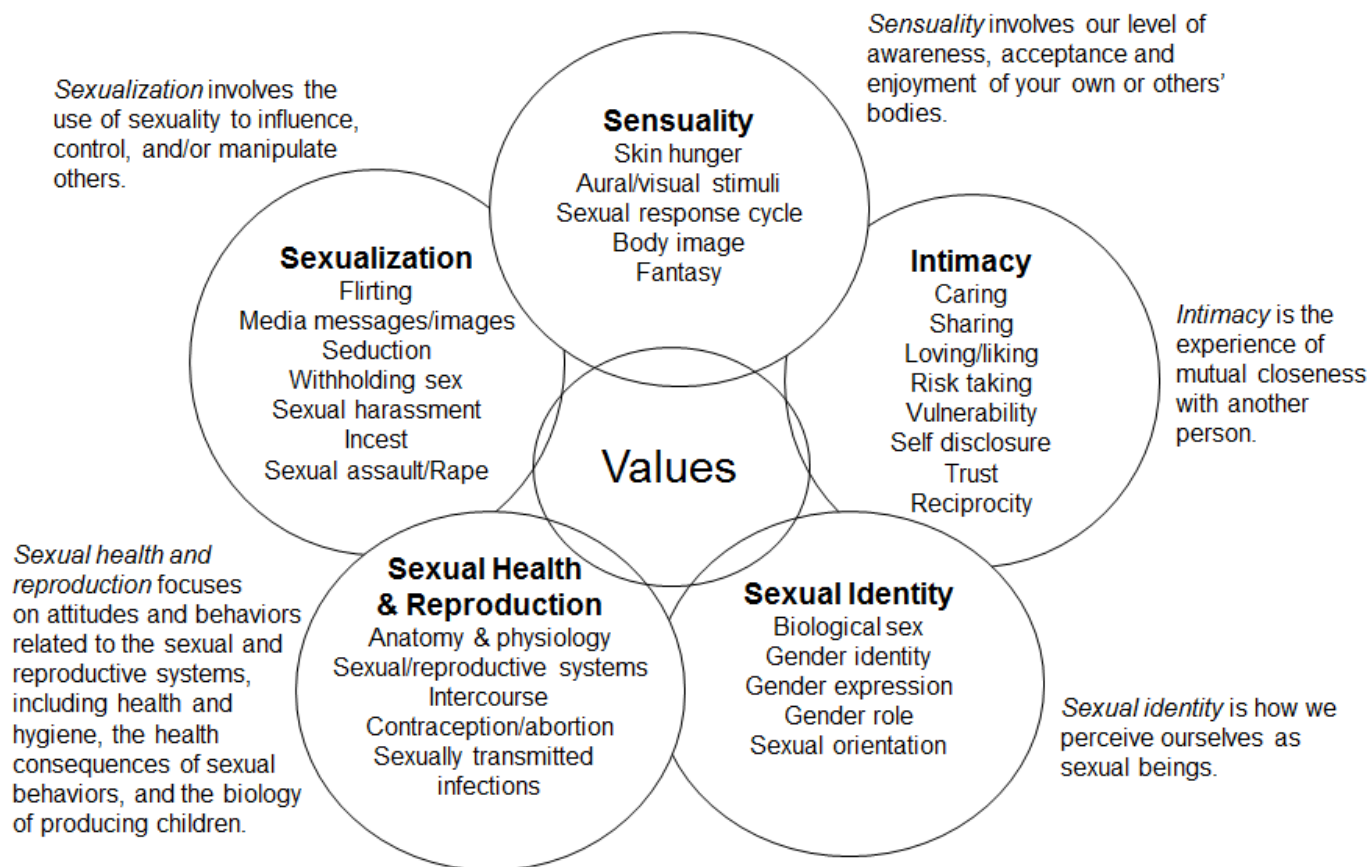
- Program Information Meeting
- Parent/Caregiver and Child Orientation
- Workshop 1: Sexuality and Values
- Workshop 2: Images in Popular Culture
- Workshop 3: Body Image
- Workshop 4: Changes in Puberty
- Workshop 5: Gender
- Workshop 6: Feelings and Attraction
- Workshop 7: Reproduction and Staying Healthy
- Workshop 8: Decision Making
- Workshop 9: Consent and Peer Pressure
- Workshop 10: Healthy Relationships and Celebration!



NEW Approaches: The Breadth of the Curriculum

The Circles of Sexuality

Sexuality encompasses nearly every aspect of our being, from attitudes and values to feelings and experiences. It is influenced by the individual, family, culture, religion/spirituality, laws, professions, institutions, science and politics.



"Circles of Sexuality," adapted from *Life Planning Education*, 1995, Advocates for Youth, Washington DC advocatesforyouth.org, based on the original work of Dennis M. Dailey, Professor Emeritus, University of Kansas.



New Approaches to Familiar Topics



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Language

National Transgender Discrimination Survey (2011)

840 respondents filled in this blank

Gender: _____

500 distinct genders were identified



Images in Popular Culture



WORKSHOP GOALS

- To understand that sexuality is a part of every day life
- To recognize the breadth of representations of sexuality
- To reflect on the sexual images they may encounter in the media
- To reinforce their own values and ideas about sexuality and how those values may be different from what is portrayed in the media

LEARNING OBJECTIVES

After completing this workshop, participants will be able to:

- Identify ways that everyday life involves different facets of sexuality
- Recognize how the media portray sexuality and how that may be different from their own individual expression and values
- Distinguish between real life and life as portrayed by the media



Body Image



WORKSHOP GOALS

- To think about their own and other people's bodies.
- To learn about body image.
- To explore societal, familial, and personal assumptions about bodies
- To affirm their own bodies
- To explore the diversity of bodies and abilities
- To determine what they can do to keep their own bodies healthy

LEARNING OBJECTIVES

After completing this workshop, participants will be able to:

- Describe several influences on body image
- Name some of the diverse experiences that people may associate with bodies
- List ways that they can keep their own bodies healthy



Consent and Peer Pressure

NEW!

WORKSHOP GOALS

- To understand the concept of consent
- To identify signals indicating consent and refusal
- To understand the importance of clear communication
- To recognize peer pressure
- To respond to situations that may be challenging or hurtful
- To identify people who can be helpful in difficult situations

LEARNING OBJECTIVES

After completing this workshop, participants will be able to:

- Define the concept of consent
- Distinguish between communicating consent and refusal
- Identify at least two trustworthy people from whom they could seek help in a difficult situation
- Demonstrate two effective ways to communicate feelings
- Describe some ways that peers can pressure others
- Identify two effective ways to respond to peer pressure



Healthy Relationships and Celebration!

**NEW
TWISTS!**

WORKSHOP GOALS

- To recognize qualities of healthy relationships
- To celebrate their participation in the Our Whole Lives program

LEARNING OBJECTIVES

At the end of this workshop, participants will be able to:

- Identify at least two components of a healthy relationship
- Describe three things they have learned during their experience of the Our Whole Lives program



Best Practices for Implementation





Best Practices: OWL Scheduling





Best Practices: Sex Education as Social Justice Work

“Sexuality education is but one way I promote inclusive justice making. It has many social justice elements: education, equality, justice, diversity, and self-determination.

I was drawn to OWL because of the Anti-Racism and Anti-Oppression work involved in it. I contribute that lens to all aspects of OWL.”

-- Cindy Beal, OWL Trainer



Best Practices: *Sexuality and Our Faith*

If we use OWL in a UCC or UU setting, must we use *Sexuality and Our Faith*?



Parent Orientation as a Covenant

- Parents commit to supporting the program by ensuring their children come to OWL meetings
- Facilitators commit to presenting quality sexuality education while supporting parents as their children's primary sexuality educators



OWL Contacts

OWL Trainer Facebook Closed Group – self-subscribe

Submit a request to the moderator

OWL Trainer email list (UU, UCC, CUC, Community) – self-subscribe

<http://lists.uua.org/mailman/listinfo/owl-trainer>

UUA Bookstore, www.uuabookstore.org 800-215-9076

UCC Resources, www.uccresources.com 800-537-3394

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OWL email lists for UU, CUC, UCC Child, Secondary, Adult facilitators – self-subscribe at <http://lists.uua.org/>

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OWL Yahoo group for all facilitators. Contact Amy – by invitation only