

Welcome to

Good News!

Sharing Your UU Faith through Storytelling

- ❖ **Gail Forsyth-Vail, UUA Adult Programs Director**
- ❖ **Rev. Kristin Maier, Skinner House Author**
- ❖ **Rev. Erik Resley, Lead Organizer, the Sanctuaries**
- ❖ **Jessica York, UUA Faith Development Director**



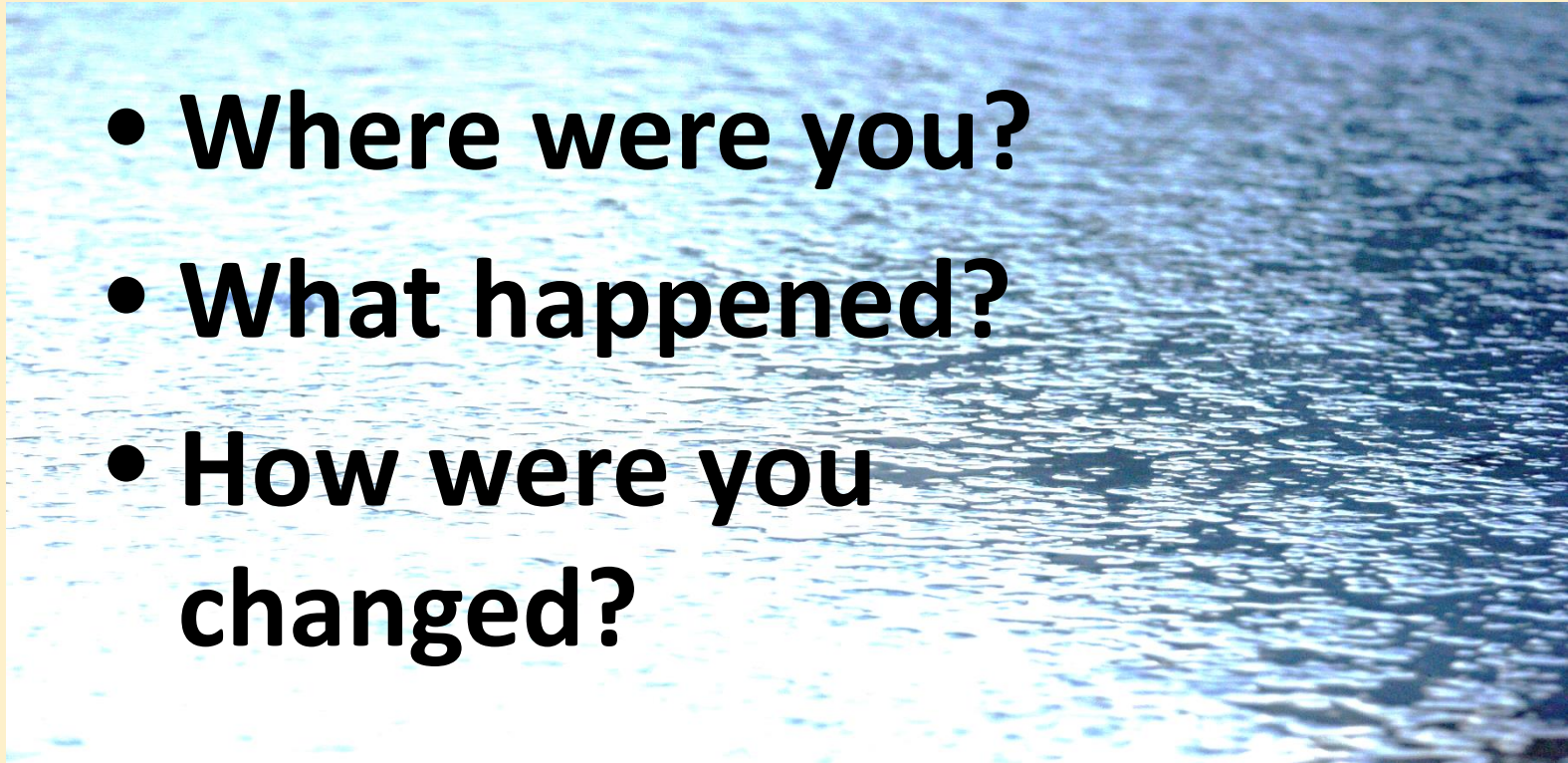
In this workshop, you will

- Learn how and why personal stories are an exceptionally good way to tell people about Unitarian Universalism
- Reflect on your *own* UU stories
- Try on what it will feel like to share those stories with others in real life



Think about your shimmering
moment...

- **Where were you?**
- **What happened?**
- **How were you
changed?**



Write
ONE WORD
about your
experience...

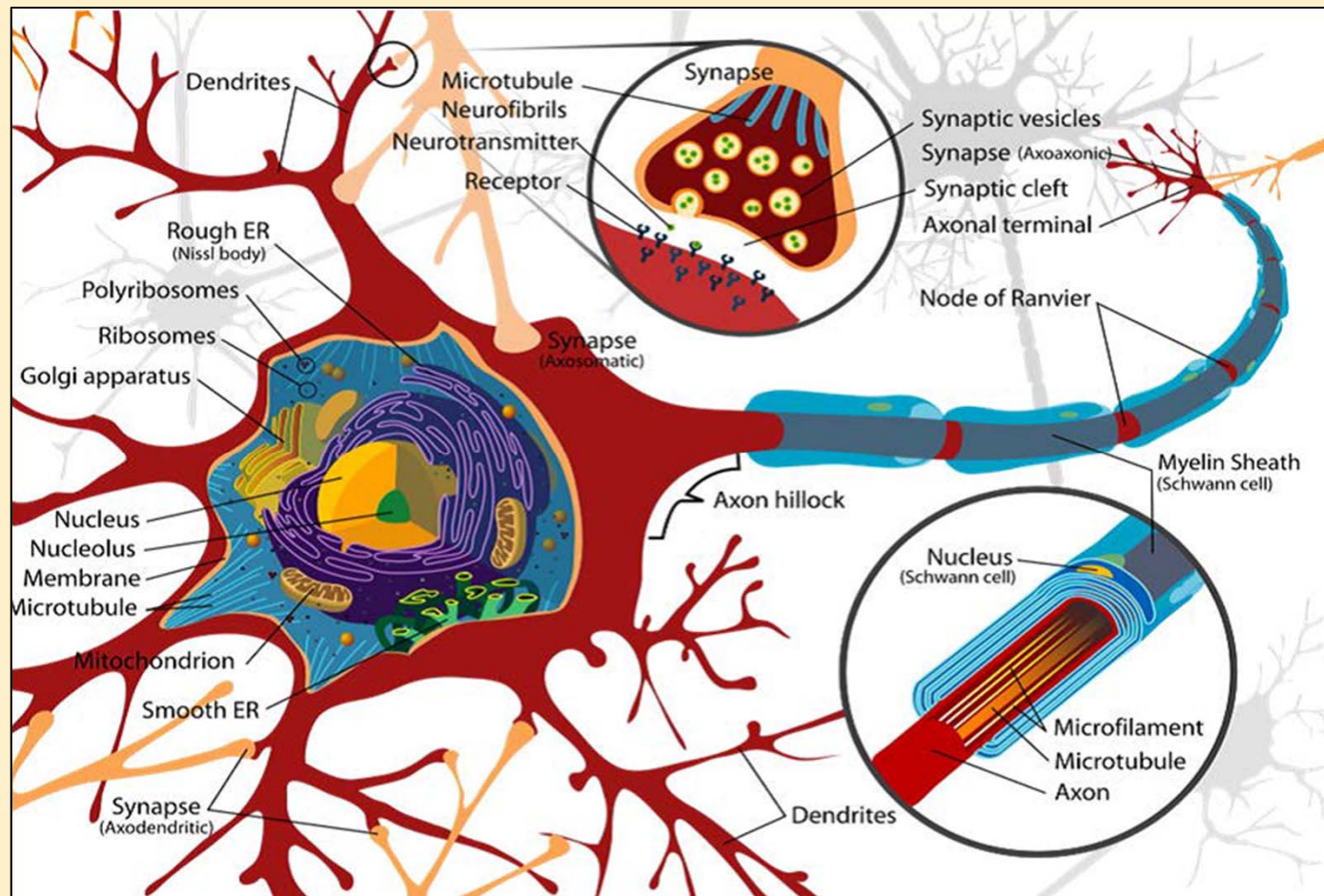
and
*Another
Word...*



and *Another Word...*



Story and the Human Brain



Story and the Human Spirit







Your shimmering moment



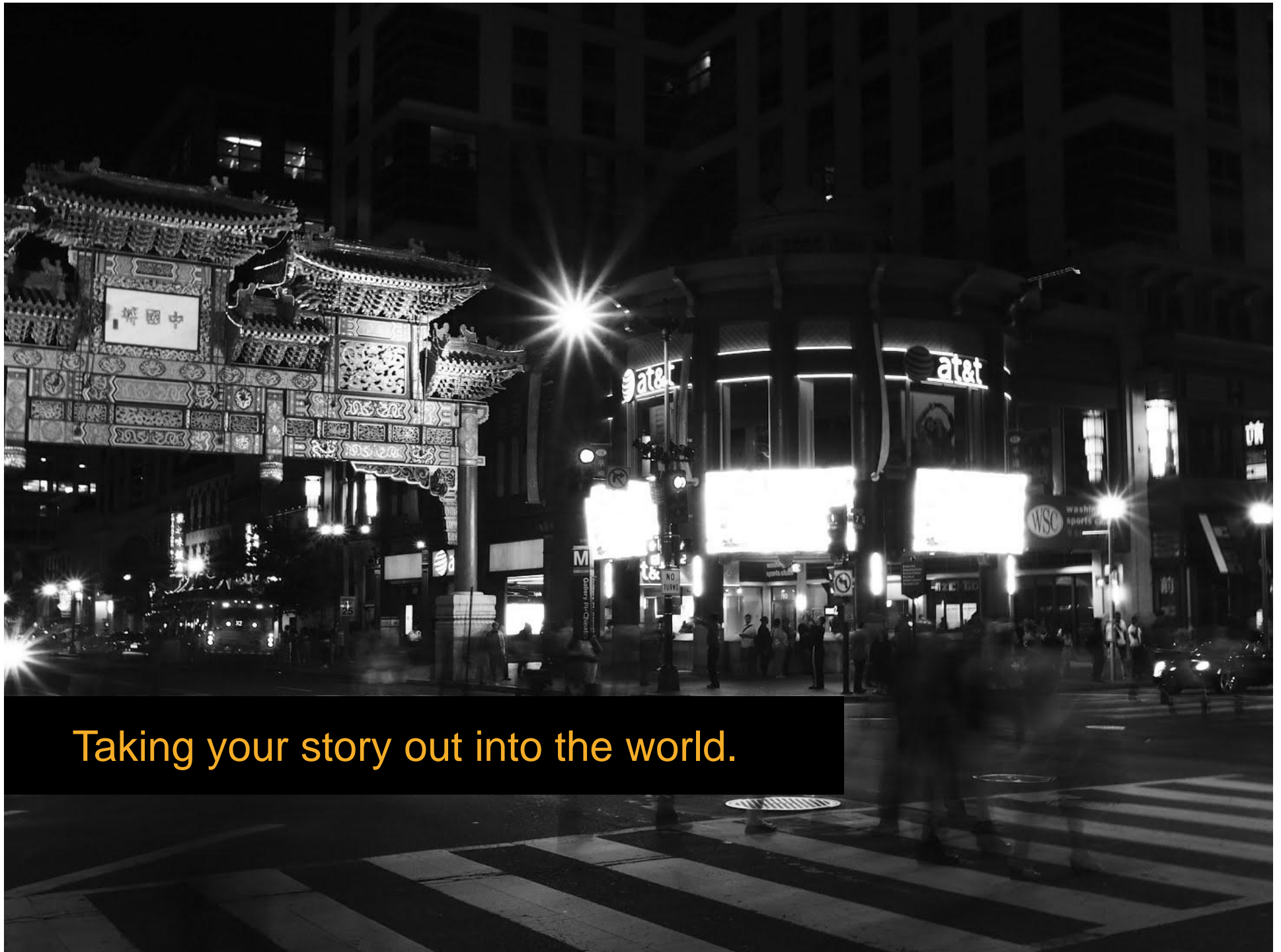
Your powerful story



With a partner...

1. One person tells their story. (5 min.)
2. The other person responds. (2 min.)
 - *What did you find moving or compelling in the story?*
 - *What did you appreciate about the story?*
3. Switch roles.





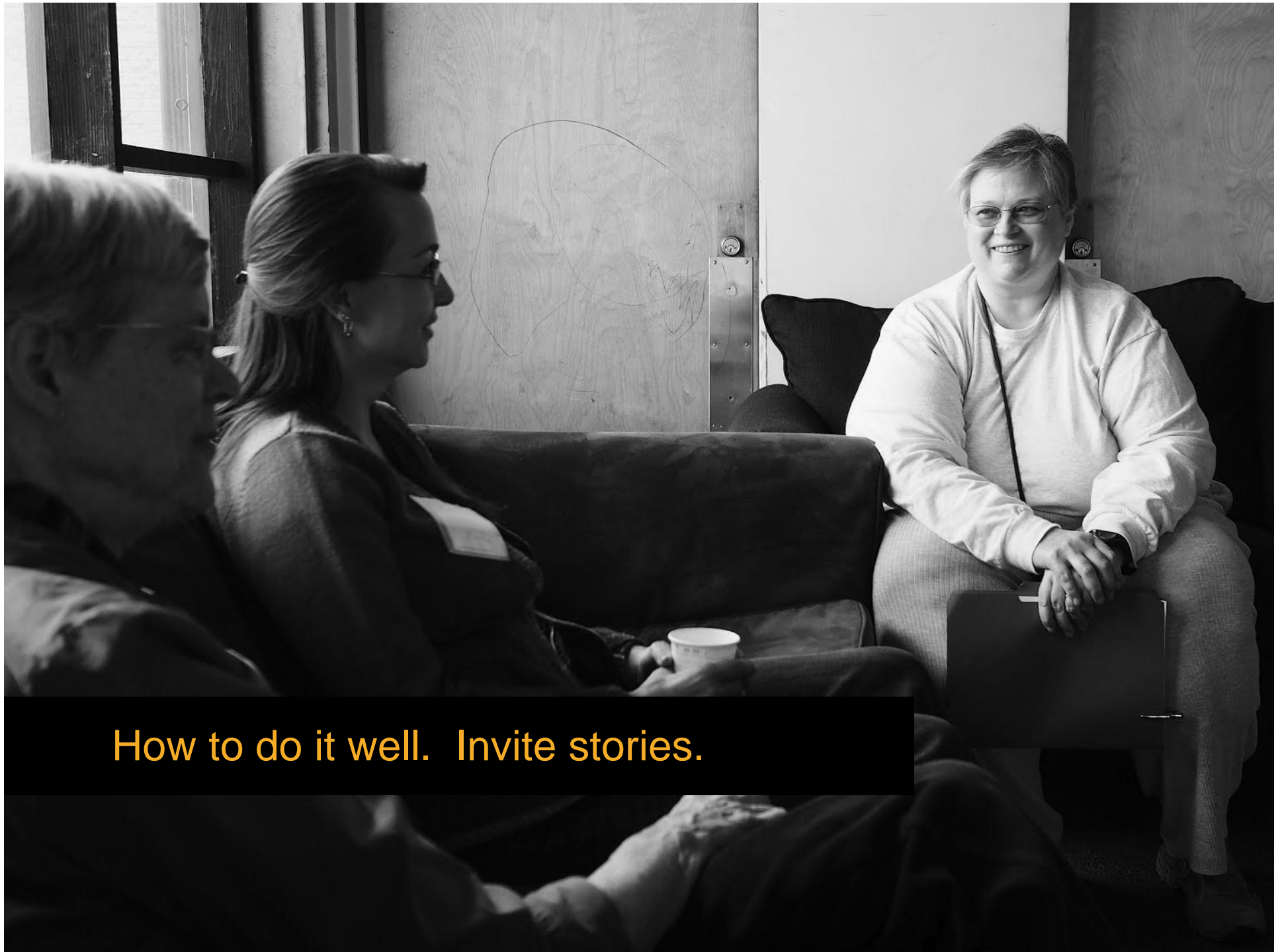
Taking your story out into the world.



Why it really matters.



How to do it well.



How to do it well. Invite stories.





How to do it well. Celebrate connection.



Activity: So, what is Unitarian Universalism?



Go out and share stories! You can do it.

Do we want a closing slide?

- What should it say?
- WaterFire?
- story buttons
- other follow up (resources handouts?)

