

## Findings from the Sharing Project

Multicultural Ministries

Multicultural Growth and Witness



#### Launched in July 2013



To solicit input through a survey from Unitarian Universalists (UUs) historically marginalized by:

- Ability
- Sexual orientation
- Gender identity/expression
- Race, and/or ethnicity

About their unique experiences and ministry needs within Unitarian Universalism



# To help congregational leaders and Unitarian Universalist Association staff understand

Where We Are Now and What We Need

to be well-equipped to meet the ministry needs of people seeking a liberal religious home in the 21st century



#### Demographic Profile

- Age
- Geography
- Education
- Employment
- Financial Status and Income
- Class

#### Relationships and Family

- Households
- Caregiving
- Parenting

#### Identities and Marginalization

- Sexual Orientation
- Gender Identity
- People with Disabilities

Experiences of Discrimination in the World



#### Religion and Faith

- Relationship with UU Congregations
- Unitarian UniversalistTheology
- Pastoral Care Needs
- Adult Religious Education
- Children's Religious Education
- Role of Social Justice
- Preparation to Face the Moral/Ethical/Spiritual Challenges of the Future

# Welcome and Inclusion In Congregations

- LGBTQ Welcome and Inclusion
  - Welcoming Congregation Program
- Race and Ethnicity Welcome and Inclusion
- People with Disabilities
   Welcome and Inclusion
- Reflections about Sharing Circles



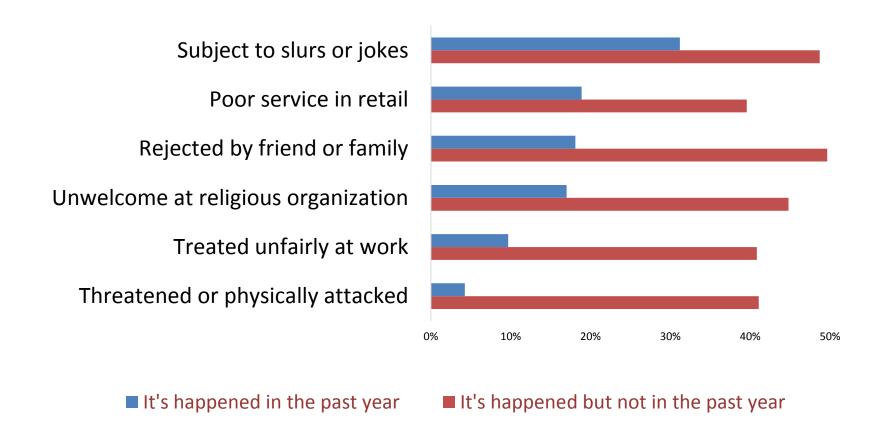
- 1,500 responses from forty-eight U.S. states and nine other countries
- All five UUA regions
- Ages from 14-92 (22% youth and young adults)
- 27% people of color
- 56% people with disabilities
- 55% LGBTQ

**Contextualizing the Survey** 

#### **DEMOGRAPHIC HIGHLIGHTS**

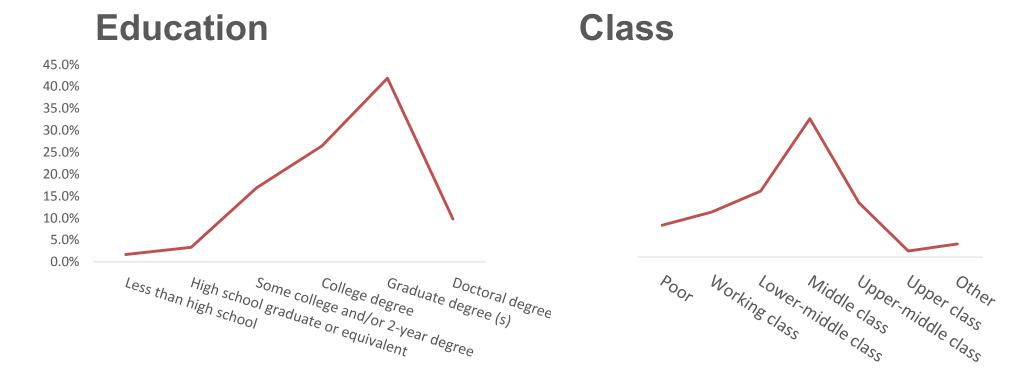


#### Respondents face discrimination every day





Respondents are highly educated, although financial status is low considering the high levels of education





### **Disabilities UUs Are Living With**

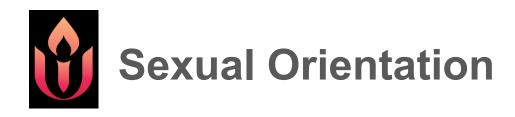
# learning/attention mental health issues

chemical sensitivity/environmental illness
some other disability
cognitive issues/intellectual impairment
food allergies/sensitivies blind/visually impaired
mobility issues



Mental health issues rank highest of all disabilities identified

Top Four Disabilities	
Mental health issues (anxiety disorders, mood disorders,	2.40/
psychotic disorders, co-occurring disorders, eating disorders, personality disorders, etc.)	34%
Food allergies (gluten, dairy, nuts, eggs, yeast, or other	17%
extreme food sensitivities)	1.00/
<ul> <li>Mobility issues</li> <li>Learning/attention (dyslexia, attention-</li> </ul>	16%
deficit/hyperactivity disorder, etc.)	13%







# Bisexuals represent a significant portion of the population

Lesbian 25% 21% Bisexual 21% Queer

16% Gay







# Race and/or Ethnicity





Highest priority:

Building multicultural community

Top UU social justice priority for the next five years:

Economic justice



## Spiritual/Religious Needs

- Religion is important in respondents lives yet UU involvement is relatively recent, with a significant number joining in the last ten years
- Spiritual needs are generally unmet by congregations
- Grief is the number one reason for seeking pastoral care/support
- The majority of parents with children have had positive Religious Education (RE) experiences



# People Living with Disabilities

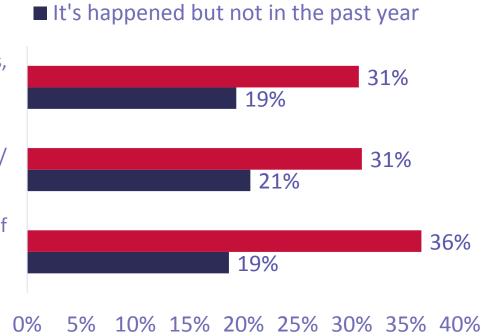
The primary concern raised by people with disabilities of all types is that they cannot participate fully in congregational life

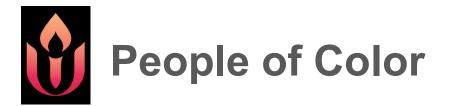


Microaggressions such as unintended slights, questions founded on untrue assumptions about identity/experience, unconscious...

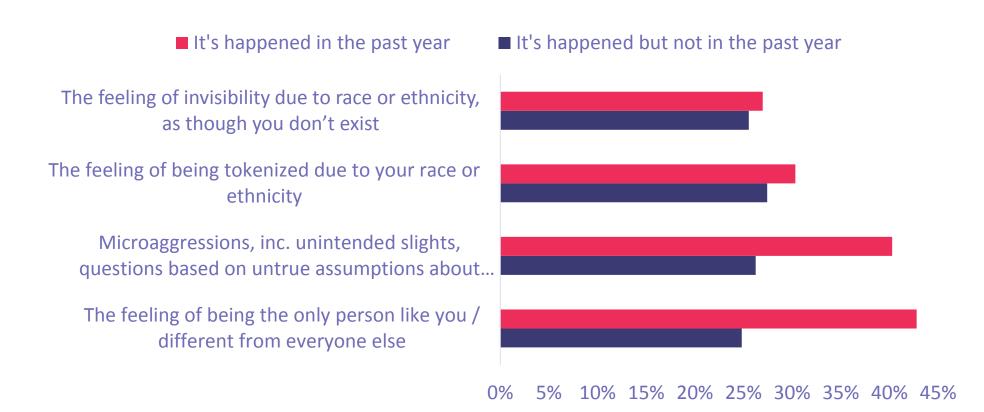
The feeling of being the only person like you / not like everyone else

Being unable to participate fully in areas of congregational life and activity due to ability/disability





People of color consistently experience microaggressions, tokenization, and invisibility in their congregations





- Transgender people experience higher incidences of microaggressions and feeling different from others in their congregations than people who are lesbian, gay, bisexual or queer (LGBQ)
- The majority of survey respondents attend congregations that have gender-neutral bathrooms
- The majority of survey respondents attend congregations that have LGBQ-inclusive policies and procedures and use inclusive language in worship
- Less than half of UU congregations have transgenderinclusive policies and procedures and use inclusive language in worship



#### In Summary

The data in this presentation is only the beginning of what we learned and are continuing to learn from the Sharing Project.

This report is not designed to be read and forgotten – it's designed to be engaged...

inside yourself
in your congregation
and
In your community

How might this data change your approach to welcome?



- Download the full report at www.uua.org/sharingproject
- Watch for congregational engagement resources to be posted on this site
  - Presentations and webinars
  - Discussion guides
  - Worship resources
- Plan some conversations in your congregations
- Plan your congregation's next steps