

# The Chrysalis Program Manual

*Youth Leadership Training*

**Youth and Youth Advisor Leadership Recognition Program**

The Youth Office  
Unitarian Universalist Association

Updated April 2005

# The Chrysalis Program Manual

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# THE CHRYSALIS PROGRAM

## YOUTH LEADERSHIP TRAINING

### **Introduction:**

Over the past few years the Youth Office at the UUA has been focused on program development and training for youth and adults across the continent. The need for an educated base of trained individuals who are involved in partnership, leadership and advocacy for Young Religious Unitarian Universalists has become apparent, as has the need for recognition of the accomplishments of these individuals. This youth leadership training program can help to fulfill these needs.

Youth advisors are called upon not only to minister to individuals but also to promote cohesion within youth groups. This requires an extraordinarily broad range of skills due to the wide-reaching and unpredictable nature of individual situations and the difficult group dynamics that can result from a variety of youth personalities. In addition to meeting these basic challenges, youth advisors need other skills to perform their jobs effectively. Youth advisors need the knowledge and skills:

- To support youth leadership development
- To help create meaningful youth communities
- To attend to their own spiritual and personal development
- To promote the spiritual and personal development of the youth group
- To encourage and enable youth to work for social justice
- To advocate for and encourage development of youth-led curricula
- To utilize the Seven Unitarian Universalist principles as a source of guidance and wisdom for working with youth

### **Purpose:**

The CHRYSALIS Program will serve two main purposes: first, to ensure that the youth and adults working with youth have adequate training to meet the demands they face; second, to recognize the skills and leadership developed by this training and through their experiences as youth leaders/advisors.

Benefits of such programs include:

- Quality programming creates an educated base of leadership among lay youth and adults.
- Trained leaders encourage adequate compensation for paid youth ministry coordinators and youth advisors
- Trained individuals create a safer vessel for support, expansion and growth
- Uniting adults and youth in shared leadership roles builds community and models a shared ministry that could help reduce ageism
- An organized progressive training program would help promote continuity by providing an established leadership framework

# DESCRIPTION OF CURRENT TRAINING PROGRAMS

## Leadership Development Conferences

Leadership Development Conferences (LDC) are small *working* conferences designed for youth and adult leaders centered on Young Religious Unitarian Universalist (YRUU) Five Steps to Building Community. An LDC focuses on making the YRUU group mind “smarter” by helping the participants learn how to be youth leaders and advocates. At an LDC, YRUU youth and advisors learn concrete leadership skills within a structure that helps them reflect on:

- Why they are involved in YRUU
- What roles they play in their YRUU group (local or district)
- Development of community building skills, which are at the heart of YRUU
- Development of facilitation and consensus skills in partnership with the 5<sup>th</sup> UUA Principle: We affirm and promote the right of conscience and the use of the democratic process
- What it means to be a leader in YRUU and the responsibilities of such a role
- Understanding of different learning styles through experiential education

An LDC can also provide benefits to local youth groups and congregations; the youth and advisors returning from LDCs often bring their congregations new skills and energy by learning about community building exercises and meeting facilitation skills. Most importantly, an LDC is about personal empowerment, offering each participant a chance to grow in terms of actual skill and to build self-confidence as a leader with enthusiasm and commitment.

### Who leads an LDC?

Youth and adults apply in writing to become a Continental Leadership Development Conference (C\*LDC) trainer. Applicants are then evaluated by the Youth Office and chosen by intent, experience, and anti-racism experience and/or interest. In February 2004, the Youth Office staff and C\*LDC Training Team educated the current pool of 15 adults and 15 youth to become continental trainers. C\*LDC trainings happen approximately every 3 years. When districts feel the need to offer an LDC they contact a YRUU Program Specialist (YPS) at the Youth Office. The YPS then creates a co-leadership team consisting of one youth and one adult to lead this district training. The Youth Office offers travel information arrangements and stipends are given to the LDC trainers by the district requesting the training.

### Who needs to attend an LDC?

- Youth who want to learn to be leaders.
- Advisors who want to learn to be empowering.
- Directors of Religious Education and Ministers who want to learn to support youth programming
- Members of Youth Adult Committees to meet youth they serve in their districts
- Anyone interested in building empowered youth communities

**Recommended ratio of youth to adults 3:1**

## Spirituality Development Conferences

Like LDCs, Spirituality Development Conferences (SDC) are small *working* conferences for youth and adults centered on spiritual growth, expansion and an understanding of youth style worship. An SDC focuses on ways to design effective, creative and meaningful worship services. It demonstrates ways to integrate spirituality more deeply into youth programming and into the lives of the participants. The intention of an SDC is to bring youth and adults together sharing common youth worship ideas and experiences. As in other leadership trainings, the 6 Components of a Balanced Youth Program (worship, youth-adult relations, community building, leadership development, social action and learning) are included in the SDC training. In many groups the first component, worship, is often overlooked or saved for Youth Sundays. The training helps youth and adults understanding why R (religious) is in YRUU. An SDC can greatly transform the tone and culture of a local group; people return from an SDC inspired to integrate worship more deeply into their youth group program, district youth conference culture and congregations.

An SDC provides experiences and skills for those who are inexperienced in leading and designing youth worship circles of varied sizes. They also give the experienced worship leader an opportunity to grow and stretch through the sharing and exchanging of ideas and inspiration.

### Who leads an SDC?

Youth and adults apply in writing to become a Continental Spirituality Development Conference (C\*SDC) trainer. Applicants are then evaluated by the Youth Office and chosen by intent, experience, and anti-racism experience and/or interest. In May 2001 the Youth Office staff and C\*SDC Training Team educated the current pool of 15 adults and 15 youth to become continental trainers. C\*SDC trainings happen approximately every 3 years. When districts/regions feel the need to offer an SDC they contact the YRUU Program Specialist (YPS) at the Youth Office. The YPS then creates a co-leadership team consisting of one youth and one adult to lead this district/regional training. The Youth Office offers travel information arrangements and stipends are given to the SDC trainers by the district/region requesting the training.

### Who needs to attend an SDC?

- Youth who want to learn how to create meaningful worship experiences and deepen their own spiritual practice.
- Advisors who want to support youth in bringing the R to YRUU.
- Ministers who want to insure their congregational worships speak to youth and to see their congregation grow by keeping youth members involved in the community.
- Members of Youth Adult Committees who would like to expand their worship ideas to present at conferences or district events.

NOTE: For SDCs we are especially interested in bringing youth and adults together to worship, and encourage parish minister's involvement with youth through this program.

Recommended ratio of youth to adults 1:1

## **Basic Youth Advisor Training AT-1**

The Basic Youth Advisor Training (AT-1, 15 hours) presents core issues, philosophies and skills needed to advise and empower youth. This training is designed for new advisors looking for the basics, as well as seasoned advisors looking for support from their peers and new ideas to bring back to their group. Youth are also encouraged to attend to provide youth perspectives, deepen their understanding of youth empowerment, and learn what they should be looking for in their advisors. Topics covered include youth empowerment, community building, balanced programming, liability issues, involvement in the congregation, and more.

### **Who leads Advisor Trainings?**

Youth and adults apply in writing to become a Continental Advisor Trainer (C\*AT-1). Applicants are then evaluated by the Youth Office and chosen by intent, experience, and anti-racism experience and/or interest. In December 2002 the Youth Office staff and C\*AT-1 Team educated the current pool of 15 adults and 15 youth to become continental trainers. C\*AT trainings happen approximately every 3 years. When districts feel the need to offer an Advisor Training they contact the YRUU Program Specialist (YPS) at the Youth Office. The YPS then creates a co-leadership team consisting of one youth and one adult to lead this district training. The Youth Office offers travel information arrangements and stipends are given to the AT-1 trainers by the district requesting the training.

### **Who needs to attend an Advisor Training?**

- New and seasoned Youth Advisors who want to understand the basics of youth empowerment.
- Youth Advisors who want to meet other advisors in their district
- Youth Advisors who would like to network and gain support for their work in the Youth Ministry field
- District/Regional Religious Education Committee members with Youth Adult Committees
- Directors of Religious Education, who are in the process of hiring a paid Youth Advisor, have a large Youth Advisor turnover, or who have a large congregation with many various youth groups.
- Youth who are in leadership positions in their districts.
- Ministers who support the ministry of Youth Advisors in their congregations.

NOTE: Recent evaluation results from the Advisor Trainings (AT-1) concluded that the majority of advisors felt it would be helpful, valuable and necessary to have youth present for the duration of the 15-hour training.

Recommended ratio of youth to adults 1:5

## **Advanced Youth Advisor Training AT-2**

The Advanced Youth Advisor Training (AT-2, 15 hours) is designed for advisors seeking more experience and who have attended the Basic Youth Advisor Training. Again, youth are also encouraged to attend these trainings to provide youth perspectives, deepen their understanding of youth empowerment, and learn what they should be looking for in their advisors. This training discusses more serious issues in youth advising, youth ministry, church staffing and structure, adolescent issues, and other relevant topics. It is our hope that this will become the prerequisite training for paid youth program directors & coordinators, as well as the model for future seminary courses on Ministry with Youth.

The field-testing of this training was the Continental Advanced Youth Advisor Training (C\*AT-2) for trainers held in May 2003.

### **Who leads Advanced Youth Advisor Trainings?**

A group of youth and adults apply in writing to become a Continental Advanced Youth Advisor Trainer (C\*AT-2). Applicants are then evaluated by the Youth Office and chosen by intent, experience, and anti-racism experience and/or interest. In May 2003 the Youth Office staff and C\*AT-2 Team educated the current pool of 4 adults and 4 youth to become continental trainers. Trainings will happen approximately every 3 years. When districts/regions feel the need to offer AT-2 they contact the YRUU Program Specialist (YPS) at the Youth Office. The YPS then creates a co-leadership team consisting of one youth and one adult to lead this district training. The Youth Office offers travel information arrangements and stipends are given to the C\*AT-2 trainers by the district requesting the training.

### **Who would attend an AT-2 Training?**

- Experienced advisors who seek in-depth training in youth advising and ministry
- Advisors seeking professional youth coordinator positions
- Ministers and Divinity Students looking for training in youth ministry.

## Anti-Racism Analysis Development Conference Training

Anti-Racism Trainings are small *working* conferences designed for youth and young adults centered on building a personal anti-racism analysis, which thus leads to anti-racist organizing. The Anti-Racism Training Program is still being developed: The first Training of Trainers/Organizers happened May 2004. Between 2004 and 2007 these new trainers will be facilitating conferences for districts, organizations, campus groups, etc. These trainings are flexible and can be geared specifically toward a certain group, so that they can struggle with whatever issues the group is working with at the time. Possible focuses for these workshops include:

- Building blocks to an anti-racism analysis, get to know the common language and definitions
- How to create a more anti-racist youth group or campus group
- Anti-racism for white people
- And many others

As YRUU (Young Religious Unitarian Universalists) and C\*UUYAN (Continental Unitarian Universalist Young Adult Network) are committed to becoming more anti-racist organizations it is essential that the people who are part of the organizations have access to the trainings and workshops they need in order to gain experience and knowledge to help them in this struggle. These are workshops focused on supporting anti-racist identity development. As each new YRUUer or member of C\*UUYAN joins in this struggle we gain more strength to take on systems that perpetuate racism within our society. These workshops and trainings are a beginning step to challenging the systems that exist around us and that we are a part of.

### Who leads an anti-racism training?

Trainings of trainers take place once every two or three years. Youth and young adults apply in writing to become an anti-racism trainer/organizer. Applicants are then evaluated by a committee of folks from the UUA and youth and young adult community and chosen by intent, experience, and anti-racism experience and/or interest. The process for requesting anti-racism trainings is still being worked out, but both the Youth Office and the Office of Young Adult and Campus Ministry can answer questions.

### Who should attend an anti-racism training?

- Youth and young adults who want to be part of the anti-racism struggle in UUism
- Advisors who want to learn to be supportive of this work.
- Directors of Religious Education and Ministers who want to learn to support anti-racist youth and young adult programming
- Members of Youth Adult Committees who want to support the youth they serve in their districts
- Anyone interested in working for racial justice

## Youth Chaplain Training

The Chaplain Training program is relatively new to continental YRUU (Young Religious Unitarian Universalists) and the Youth Office. The first C\*CT (Continental Chaplain Training-of-Trainers) will occur in Spring 2005. Over the past few years, a team of youth and adult lay leaders have developed a training program which has been used in several parts of the continent.

Chaplain Trainings are small *working* conferences designed for youth and advisors to gain skills centered on the skills needed to effectively listen to, affirm, and emotionally support conferees at youth events. Chaplains are individuals who help manage crises, ensure a healthy and safe atmosphere, and bring spiritual resources and support to the community. The Chaplain Training focuses on the following:

- Understanding confidentiality – when to break, when to keep, safety concerns
- Maintaining appropriate personal boundaries (physical, emotional, etc.)
- Perceiving and responding to the needs of the needs of the conference community as a whole
- Developing communication skills: active listening, non-verbals, etc.
- Being an empathetic listener, understanding and accepting different emotional situations
- Working as a team with other chaplains, worship planners, and conference staff
- Legal and ethical considerations to ensure a safe and healthy conference community
- Responsible, intentional and culturally appropriate use of worship materials

A Chaplain Training provides huge benefits to both district and local-level leadership. Youth and advisors who have been trained as chaplains are able to take on a vital role at events and meetings. Chaplain trainings also help facilitate personal growth, empowerment and reflection among participants.

### Who leads a Chaplain Training?

A group of youth and adults apply in writing to become a Continental Chaplain Training (C\*CT) participant. Applicants are then evaluated by the Youth Office and chosen by intent, experience, and anti-racism experience and/or interest. In Spring 2006 the Youth Office staff and C\*CT Training Team will educate a current pool of 15 adults and 15 youth to become continental trainers. C\*CT trainings will happen approximately every 3 years. When districts feel the need to offer a CT they can contact the YRUU Program Specialist (YPS) at the Youth Office. The YPS then creates a co-leadership team consisting of one youth and one adult to lead this district training. The Youth Office offers travel information arrangements and stipends are given to the Chaplain Trainers by the district requesting the training.

### Who needs to attend a Chaplain Training?

- Youth who want to learn how to provide strong spiritual and personal support to their peers.
- Individuals who want to serve as chaplains at youth conferences or events.
- Anyone (youth or adults) interested in community or individual ministry.

**Recommended ratio of youth to adults 3:1**

## **Chrysalis Trainings not coordinated by the Youth Office:**

### ***Ministry with Youth Renaissance Module***

The Renaissance Program is a major component of Unitarian Universalist Religious Education Leadership Development. Each 15-hour module provides basic education in a specific area for Religious Educators in local congregations, and resources for continuing development. The philosophy of the *Ministry With Youth* Module is that youth will be ministered to by Unitarian Universalist congregations when they are respected as community members. As youth are empowered to be full members of Unitarian Universalist communities, both they and the communities will be strengthened: "power shared is power squared." While this module is relevant to people working with youth in various capacities, including youth advisors, this module is:

- directly focused on the education of the people supporting the advisors.
- congregation-oriented rather than focused on district- or cluster-level youth ministry. This grew from the belief that it is the congregations that are central to the religious experience of Unitarian Universalists concerned with youth programming as part of the total life of the congregation.
- concerned with youth programming as part of the total life of the congregation.

For information about attending or scheduling a *Ministry With Youth* Renaissance Module, contact the Director of Religious Education Credentialing at 617-948-6417, or read more online at <http://www.uua.org/re/landscp/renaissance.html> .

The *Ministry With Youth* Renaissance Module counts for 15 hours towards a Chrysalis level.

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### ***Our Whole Lives Teacher Training for Grades 7-9 and 10-12***

The *Our Whole Lives* (OWL) lifespan comprehensive sexuality education curriculum is divided into five different levels. Two levels, *Grades 7-9* and *Grades 10-12*, are a positive combination of curriculum-style UU faith development and youth-directed self-empowerment. Both curricula present a comprehensive approach to human sexuality in an age-appropriate manner, based firmly on the values of respect, responsibility, justice and inclusivity. They help young people apply these values to their behavior and provides them with information and skills they can use throughout life. The UU faith-based companion, *Sexuality and Our Faith*, stresses development of religious community, spiritual depth, prophetic vision, and action for justice. It helps participants clarify their values and religious beliefs and emphasizes the worth and dignity of each participant.

Teacher trainings for *OWL 7-9* and *OWL 10-12*, and *OWL 7-9/10-12* combined trainings are available throughout the year. To find out when the next/nearest *OWL* training is, contact your district/regional office for more information, or visit the online training calendar at <http://www.uua.org/owl/training.html> or contact the Lifespan Faith Development Staff Group at the UUA at 617-948-4349 for more information. An *OWL* Training of Trainers is held every 4-5 years; the last one was in 2003.

An *Our Whole Lives* teacher training counts for 20 hours towards a Chrysalis level. An *OWL* Training of Trainers counts for 30 hours towards a Chrysalis level.

# THE CHRYSALIS PROGRAM: Youth Leadership Training

This multi-level program meets the two needs stated in the introduction: training and recognition of youth leaders/advisors. Training is provided by participation in already existing conferences and training workshops. There are four levels of achievement with each level reflecting the number of training hours (30 hours per level) completed by participants. When a participant completes enough training hours to qualify for one of the four levels she/he/ze receives a “Affirmation of Dedication”. A record of hours earned should be kept by the individual who is participating in the Chrysalis Program.

## QUALIFYING TRAININGS

*Note:* Chrysalis only gives credit for each unique training experience. So for example, attending an LDC, being trained to lead an LDC, and leading an LDC, would be three unique experiences, but attending two LDCs (or leading two LDCs) would *not* be considered two unique experiences.

### Youth-Office-Coordinated Trainings:

*These trainings count for 15 hours for attendance, 30 hours for Training-of-Trainers attendance*  
*Applicants will also receive 15 hours for first training led.*

|                                     |   |
|-------------------------------------|---|
| Leadership Development Conference   | Advanced Advisor Training                   |
| Spirituality Development Conference | Chaplain Training                           |
| Advisor Training                    | Anti-Racism Analysis Development Conference |

### Other Trainings:

*Ministry with Youth Renaissance Module (15 hours for attendance)*  
*Our Whole Lives Teacher Training (20 hours for attendance, 30 hours for T-o-T attendance)*

## LEVELS OF ACHIEVEMENT

### Level I: Chrysalis Affirmation of Dedication I: 30 hours of training

Completion of 30 hours of any of the above listed training, including:

- At least one Youth Office – coordinated training

### Level II: Chrysalis Affirmation of Dedication II: 60 hours of training

Completion of 60 hours of any of the above listed training, including:

- At least two Youth Office – coordinated trainings

### Level III: Chrysalis Affirmation of Dedication III and Letter of Recognition: 90 hours of training

*Note:* In addition to the Affirmation of Dedication, a letter of recognition is sent to the applicant’s congregation.

Completion of 90 hours of any of the above listed training, including:

- At least three Youth Office – coordinated trainings
- At least one Training-of-Trainers

### Level IV: Chrysalis Youth Leadership and Ministry Diploma: 120 hours of training

*Note:* A special Affirmation of Dedication, a Chrysalis pin, and letter of recognition is sent to the applicant. Completion of 120 hours of any of the above listed training, including:

- At least four Youth Office – coordinated trainings
- At least one Training-of-Trainers
- At least one conference led as a trainer
- At least one non-Youth-Office coordinated training (this requirement for adults only)

# AREAS OF CONCENTRATION

Though not required, some Chrysalis participants may choose to follow certain “Areas of Concentration” in their training. We’ve listed a few examples here, but you are not limited to them. If you wish to have a particular area of concentration listed on your Affirmation of Dedication, make sure to indicate it on your Chrysalis Verification form.

**Concentration in Youth Spirituality** could include:

- Spirituality Development Conference / TOT
- Youth Chaplain Training / TOT
- Ministry With Youth Renaissance Module

**Concentration in Youth Advisory** could include:

- Basic Advisor Training / TOT
- Advanced Advisor Training / TOT
- Anti-Racism Analysis Development Conference / TOT
- Ministry With Youth Renaissance Module

**Concentration in Identity Development** could include:

- Anti-Racism Analysis Development Conference / TOT
- Leadership Development Conference / TOT
- Spirituality Development Conference / TOT
- *Our Whole Lives* Teacher Training / TOT

**Specific example:**

**15 hours** for SDC

**+15 hours** for Chaplain Training

**+30 hours** for SDC TOT

**+15 hours** for SDC led as a trainer

**+15 hours** for AR training

**= 90 hours:**

Participant receives a **Level III Affirmation of Dedication** with a **Concentration in Youth Spirituality**.

**PROGRAM COMPLETION:** Youth and adults receiving Level I and Level II recognition will receive an *Affirmation of Dedication* as stated earlier. Youth who complete 90 or 120 hours of training deserve more recognition because they have devoted their youth years to YRUU ideals, leadership and spiritual growth. Level III and Level IV youth and advisors are considered dedicated and advanced youth leaders who deserve recognition by an honoring ceremony during a Sunday worship service (A recommended order of service can be found in the Appendix of this manual). Level IV participants may be given their Chrysalis Pin during this ceremony. They are considered highly trained and dedicated, and it is suggested they be appropriately compensated for the time and energy they have devoted to YRUU, youth empowerment, ministry to youth, and educated leadership through advanced training. A congregation or district/region may also choose to give the participant a chalice pin or necklace, or some other tangible form of recognition.

### **CONCLUSION:**

In the past 7 years I have been involved in youth programming I have understood the need to have goals and achievements for both the youth and adults doing youth work. Youth work is rewarding, but can sometimes be challenging. The Youth Workers NEED training and those who develop their skills deserve recognition and reward. A diploma, award, letter, pin, higher compensation for advisors, a gift, or a ceremony is the least that can be done to honor these passionate individuals who have been called to Youth Ministry within our Unitarian Universalist denomination. It has been a privilege to organize this program and complete the vision of Jen Devine, one of the most insightful youth leaders that I have ever known. This program is dedicated to all the youth and youth advisors across the continent, the past UUA Youth Program Directors, and the many YRUU Program Specialists who believe in YRUU. Cultivating youth leadership is our message to the world that we believe in change by empowerment not by oppression. VISION ACCOMPLISHED!

Respectfully submitted,  
Nan E. C. Moore, DRE;  
Youth Program Consultant; LDC, SDC, AT-1 and AT-2 Trainer; and devoted Youth Worker

This program was designed and edited by:

Nan E. C. Moore: Youth Worker

Linda Stoler: Psychologist

Megan Tideman: YPS, June 2002-2003, Youth Office, UUA

Megan Selby: YPS, June 2003-2004, Youth Office, UUA

Betty Jeanne Rueters-Ward: YPS, June 2004-2005, Youth Office, UUA

Ethan Field, Youth Office Assistant, April 2002-Present, UUA

## CHRYSALIS PROGRAM

### **Worship Sample: Chrysalis Level III / IV (90 hours / 120 hours) Recognition for Youth Leadership Achievement Ceremony**

The Chrysalis is the last stage of growth before the butterfly emerges from the cocoon.. Developing the qualities necessary for leadership requires growth on many levels. The UUA Youth Office's Chrysalis Program was designed to facilitate and enhance such growth and development and to help establish an educated base of trained leaders committed to empowerment of and advocacy for Young Religious Unitarian Universalists. Participants in the Chrysalis Program commit significant time and energy to developing spiritually, personally and as leaders of youth. In order to receive a Chrysalis Level (three/four) one must complete (90/120) hours of training. Our purpose today is to celebrate (name) \_\_\_\_\_ with a Chrysalis Affirmation of Dedication. (name) \_\_\_\_\_ will also receive a butterfly pin, symbolizing the transformational growth that his/her/hir participation in and commitment to the Chrysalis Program has fostered. A new Youth Leader has emerged and we joyfully recognize and honor this achievement. I now invite (name) \_\_\_\_\_ to come forward and share with us her/his/hir credo of leadership.

**CHRYSALIS CANDIDATES CREDO** may include: ideas about leadership; the training and process; youth empowerment; what youth leadership means to our denomination; the commitment of leadership; what it means to our denomination to have trained youth leaders; why leadership is important to our future world and society.

#### **CHRYSALIS RITUAL:**

Four generational members of the congregation are invited to say a few words about the candidate and to light a candle honoring their leadership training achievement. Members include a Child, Peer, Adult, and Elder: ideas for statements would be a hope/wish for the Chrysalis recipient or what they have learned from this person. Readings, inspirational quotes, and quotes about empowerment and leadership should be included in the ceremony.

**FINAL WORDS:** (Name) \_\_\_\_\_ has received the highest level of achievement in the Chrysalis Leadership program. We honor her/him/hir for taking the time to develop as a youth leader by contributing seeds of empowerment to our youth group, contributing to our congregation by supporting youth, and contributing to our denomination by becoming a leader. I pin this BUTTERFLY on you as a symbol of much hard work and devotion to youth empowerment and leadership. Thank you for taking the time to develop your leadership skills and thank you for being a part of our beloved community.

#### **MUSIC SUGGESTIONS:**

Building Bridges, Dear Friends, Love Will Guide Us (#131), Spiraling Into the Center/We are the Weavers; Listen to My Heart Song; We are a Circle. In addition, the individual being honored can select may want to select a song that is meaningful to her/him/hir.

#### **SUGGESTIONS**

It is recommended that for the highest achievement in the Chrysalis program a special gift from the congregation be given to honor the accomplishment of the individual such as; chalice jewelry, Singing the Living Tradition hymnal, a book, or another symbol of our faith.

# CHRYSALIS PROGRAM VERIFICATION FORM

Each participant will keep this form as a record of the trainings and conferences that they have participated in or led. After you have fulfilled the requirements for any of the four Levels **make a copy** and send it to:

**Chrysalis Program  
UUA Youth Office  
25 Beacon Street  
Boston MA 02108**

If you are someone who loses things easily, make sure you make **extra copies** for yourself because it is up to you to keep track of your leadership accomplishments. The Youth Office will process these verification forms once a year in the summer, so that congregations and district programs can recognize its leaders at the beginning of the congregational year in September. When receiving the Letter of Recognition or the Youth Leadership and Ministry Diploma, your church will receive a Chrysalis Packet from the Youth Office.

Participants Name: \_\_\_\_\_ (PLEASE PRINT)

Address: \_\_\_\_\_

Town/City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone number \_\_\_\_\_

Congregation: \_\_\_\_\_

District/Region: \_\_\_\_\_

**(Please Complete Chrysalis Training Log, Next Page)**

# Chrysalis Training Log

Name of Participant: \_\_\_\_\_

Note: Tick only *one* of the three boxes for each training. List all trainings separately.

Type of Training: \_\_\_\_\_  Attended  Attended TOT  Led as Trainer

Date \_\_\_\_\_ Location: \_\_\_\_\_ Co-Leaders: \_\_\_\_\_

Type of Training: \_\_\_\_\_  Attended  Attended TOT  Led as Trainer

Date \_\_\_\_\_ Location: \_\_\_\_\_ Co-Leaders: \_\_\_\_\_

Type of Training: \_\_\_\_\_  Attended  Attended TOT  Led as Trainer

Date \_\_\_\_\_ Location: \_\_\_\_\_ Co-Leaders: \_\_\_\_\_

Type of Training: \_\_\_\_\_  Attended  Attended TOT  Led as Trainer

Date \_\_\_\_\_ Location: \_\_\_\_\_ Co-Leaders: \_\_\_\_\_

Type of Training: \_\_\_\_\_  Attended  Attended TOT  Led as Trainer

Date \_\_\_\_\_ Location: \_\_\_\_\_ Co-Leaders: \_\_\_\_\_

Type of Training: \_\_\_\_\_  Attended  Attended TOT  Led as Trainer

Date \_\_\_\_\_ Location: \_\_\_\_\_ Co-Leaders: \_\_\_\_\_

Type of Training: \_\_\_\_\_  Attended  Attended TOT  Led as Trainer

Date \_\_\_\_\_ Location: \_\_\_\_\_ Co-Leaders: \_\_\_\_\_

Type of Training: \_\_\_\_\_  Attended  Attended TOT  Led as Trainer

Date \_\_\_\_\_ Location: \_\_\_\_\_ Co-Leaders: \_\_\_\_\_

Type of Training: \_\_\_\_\_  Attended  Attended TOT  Led as Trainer

Date \_\_\_\_\_ Location: \_\_\_\_\_ Co-Leaders: \_\_\_\_\_

*Note:* Chrysalis only gives credit for each unique training experience. So for example, attending an LDC, being trained to lead an LDC, and leading an LDC, would be three unique experiences, but attending two LDCs (or leading two LDCs) would *not* be considered two unique experiences.

PARTICIPANT'S Signature \_\_\_\_\_ Date: \_\_\_\_\_