

None of you [truly] believes until he wishes for his brother what he wishes for himself."

## Islam

Source: Number 13 of Imam "Al-Nawawi's Forty Hadiths."

...a state that is not pleasing or delightful to me, how could I inflict that upon another?

## Buddhism

Source: Samyutta Nikaya v. 353.

This is the sum of Dharma [duty]: Do naught unto others which would cause you pain if done to you.

## Brahmanism

Source: Mahabharata, 5:1517

Blessed is he who preferreth his brother before himself.

## Bahá'í Faith

Source: Baha'u'llah

Hurt not others in ways that you yourself would find hurtful.

## Buddhism

Source: Udana-Varga 5:18

And if thine eyes be turned towards justice, choose thou for thy neighbour that which thou choosest for thyself.

## Bahá'í Faith

Source: Epistle to the Son of the Wolf

Therefore all things  
whatsoever ye would  
that men should do to  
you, do ye even so to  
them: for this is the  
law and the prophets.

## **Christianity**

Source: Matthew 7:12,  
King James Version.

Do for one who  
may do for you,  
that you may  
cause him thus to  
do.

## **Ancient Egyptian**

Source: The Tale of the Eloquent  
Peasant, 109 - 110 Translated by  
R.B. Parkinson. The original dates  
to circa 1800 BCE

Hurt not others  
in ways that you  
yourself would  
find hurtful.

## **Buddhism**

Source: Udana-Varga 5:18

All things are our  
relatives; what we  
do to everything, we  
do to ourselves.  
All is really One.

## **Native American**

Source: Black Elk

Do not do to  
others what you  
do not want them  
to do to you.

## **Confucianism**

Source: Analects 15:23

The heart of the  
person before  
you is a mirror.  
See there your  
own form.

## **Shinto**

Source: Munetada  
Kurozumi

The basis of \_\_\_\_\_ is consideration of the hearts and feelings of others. If you haven't the will to gladden someone's heart, then at least beware lest you hurt someone's heart, for on our path, no sin exists but this.

## Sufism

Source: Dr. Javad Nurbakhsh, Master of the Nimatullahi Sufi Order

...thou shalt love thy neighbor as thyself.

## Judaism

Source: Leviticus 19:18

What is hateful to you, do not to your fellow man. This is the law: all the rest is commentary.

## Judaism

Source: Talmud, Shabbat 31a

An it harm no one, do what thou wilt (i.e. do what ever you will, as long as it harms nobody, including yourself).

## Wicca

Source: The Wiccan Rede

Whatever is disagreeable to yourself do not do unto others."

## Zoroastrianism

Source: Dadistan-i-dinik 94:5

Try your best to treat others as you would wish to be treated yourself, and you will find that this is the shortest way to benevolence.

## Confucianism

Source: Mencius VII.A.4

And as ye would  
that men should do  
to you, do ye also  
to them likewise.

## Christianity

Source: Luke 6:31,  
King James Version.

Regard your  
neighbor's gain as  
your own gain, and  
your neighbor's loss  
as your own loss.

## Taoism

Source: T'ai Shang Kan  
Ying P'ien

No one is my  
enemy, none a  
stranger and  
everyone is my  
friend.

## Sikhism

Source: Guru Arjan  
Dev: AG 1299

Don't create  
enmity with  
anyone as God  
is within  
everyone.

## Sikhism

Source: Guru Arjan Devji 259

The sage has no interest of  
his own, but takes the  
interests of the people as his  
own. He is kind to the kind;  
he is also kind to the unkind:  
for Virtue is kind. He is  
faithful to the faithful; he is  
also faithful to the unfaithful:  
for Virtue is faithful.

## Taoism

Source: Tao Teh Ching, Ch. 49

One going to take  
a pointed stick to  
pinch a baby bird  
should first try it on  
himself to  
feel how it  
hurts.

## Yoruba

Source:  
Nigeria

Whatever is disagreeable to yourself do not do unto others."

## Zoroastrianism

Source: Shayast-na-Shayast 13:29

A man should wander about treating all creatures as he himself would be treated.

## Jainism

Source: Sutrakritanga 1.11.33

... critical intelligence, infused by a sense of human caring, is the best method that humanity has for resolving problems. Reason should be balanced with compassion and empathy and the whole person fulfilled."

## Humanism

Source: Humanist Manifesto II

"...thou shalt love thy neighbor as thyself.",

## Judaism

Source: Leviticus 19:18.

In happiness and suffering, in joy and grief, we should regard all creatures as we regard our own self."

## Jainism

Source: Lord Mahavira, 24th Tirthankara

We affirm and promote respect for the interdependent web of all existence of which we are a part.

## Unitarian Universalism

Source: UUA Principles