

One and One



One Action and One Tool from the UUA Ministries and Faith Development Staff Group

One and One is produced by the UUA Ministries and Faith Development Staff Group. In this simple weekly brief, busy Unitarian Universalist Professionals will find one exciting thing going on at the UUA, and one useful tool. Please submit content ideas or feedback to one-and-one@uua.org.

One Thing Going On

SMILE!

There's some great breaking news for employees who currently participate in the UUA GIP MetLife dental insurance.

Do you have an unmarried dependent child age 19 – 25 who doesn't currently have dental insurance? Employees who currently participate in the UUA MetLife Dental plan may now cover their unmarried dependent children until the child's 26th birthday.

Currently participating employees may take advantage of this new coverage by immediately completing and returning an updated [dental enrollment form](#). Select an effective date for the new coverage from the following date range: 04/01/2011 – 06/01/2011. Note that effective date on your fax cover sheet, and fax to UUA GIP 617-742-2875 no later than Wednesday, June 29, 2011. Enrollments received after 5 p.m. on Thursday, 06/30/11 will not be accepted for processing.

REMEMBER: Keep your private information secure: never email items that contain a social security number.

Stop by the MFD Booth #722 in the Exhibit Hall at GA to meet Linda Rose, GIP Administrator, or email questions to: groupinsurance@uua.org



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One Useful Tool

Tapestry of Faith - Resources for Understanding and Healing in Times of Trauma or Disaster

Tapestry of Faith offers two online resources that provide workshop plans and guidance for congregations that have experienced local, national or global trauma or disaster.

[Together in Faith: Finding Home in Times of Trauma or Disaster](#) by Dr. Tracey L. Hurd uses storytelling/listening, crafts, and guided reflection to help children, families, and multigenerational groups move toward wholeness when life has been significantly disrupted.

[Making Meaning after Disaster: A Workshop for Unitarian Universalist Adults](#) by Rev. Sarah Gibb Millspaugh, engages adult and older youth in ritual, reflection and action to help heal after a natural disaster or other traumatic event. Participants acknowledge the disruptions they have experienced in life and in their sense of life's meaning, and learn ways they can carry their theological questions into a healing future.

Both resources, although created in response to Hurricane Katrina, are generic plans applicable for use in any traumatic situation.

About One and One

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