



A TAPESTRY OF FAITH
TOOLKIT BOOK

Stirring the Nation's Heart

Eighteen Stories of Prophetic Unitarians and Universalists of the Nineteenth Century

By Polly Peterson

Compelling stories from the lives of 19th-century Transcendentalists and reformers who shaped our Unitarian Universalist history, each story set in context with introductory material and followed by quotations that enhance understanding of the subject's life and work. The stories are supplemented with discussion questions for small groups, activities for congregations and families, and suggestions for ways to apply wisdom from each subject's life and story to issues and challenges in today's world.

This book is an ideal resource for adult religious education, congregational worship, small group ministry, Coming of Age groups, multi-generational gatherings, and family use.

POLLY PETERSON is the author of a number of biographical stories in the Unitarian Universalist Association's Tapestry of Faith curricula. A freelance writer whose work has been published by a wide variety of educational publishers, she is a member of First Parish Unitarian Universalist in Concord, Massachusetts.

The names are familiar from history—Emerson, Thoreau, Fuller, Dix, Peabody, Brown, Alcott. Yet Polly Peterson works a not-so-small miracle. She makes them come alive. In Stirring the Nation's Heart these women and men who challenged the religious and cultural institutions of their day are at it again—confronting us, and our assumptions and status quo. Thank you, Polly, and welcome back, you old heretics and firebrands! We've missed you.

—Erik Walker Wikstrom,
Worship and Music Resources Director,
Unitarian Universalist Association

Available from the UUA Bookstore in August 2010!
uua.org/bookstore



A TAPESTRY OF FAITH
TOOLKIT BOOK

Journeys of the Spirit

Planning and Leading Mission Trips with Youth

By Jennifer McAdoo and Anne Principe

This manual inspires and guides youth advisors and youth leadership to plan, lead, and unpack a spiritually transformative youth service travel project. Mission trips can be more than social action and service: They can be a faith development tool to deepen youth's Unitarian Universalist identity and connection to a greater call.

This book covers everything from choosing a mission and engaging the wider congregation's support to logistical and safety considerations and spiritual reflection during and after a trip. Testimonials from youth, young adults, and religious educators demonstrate the inner and outer transformations a youth mission trip can accomplish.

JENN MCADOO and **ANNE PRINCIPE** are credentialed religious educators with many years of experience planning and leading transformative youth mission trips.

Whether you are a seasoned trip leader or someone new on the block, this manual is full of reminders that can help ensure your congregation's spiritual adventure is emotionally meaningful, physically safe, and fun.

— from the Foreword by Charlie Clements, Executive Director,
Carr Center for Human Rights Policy at the
Harvard University John F. Kennedy School of Government

Unitarian Universalists are not missionaries but we certainly have a mission—to tease out of this old world its full promise of justice and hospitality. That doesn't happen by chance; it requires thought, planning, energy and lots of lists . . . [Journeys of the Spirit] is a revelation for all those who know that in serving others, they will in turn transform themselves.

— William F. Schulz, former Executive Director, Amnesty International USA; and acting President, Unitarian Universalist Service Committee

Available from the UUA Bookstore in October 2010!
uua.org/bookstore